ST. JOHNS CONTRACTOR DECEMBER 2017

www.StJohnsParent.com

Hot Toys

the Wonder of Horses

Cookie Exchange Christmas Around the World



KIDS IN THE KITCHEN FASHION • MOVIE REVIEWS SCHOOL NEWS • EVENTS

Discover 25 Unique Hands-On Attractions!

0)0

00

and the state of the first and the state of the state of the

The Florida Mall • 407.757.1700

Use melted wax to create a swirly whirly masterpiece!

Turn your coloring page into a real-life adventure!

in

Drout

Buy tickets online and SAVE **Tickets.CrayolaExperience.com** Enter code: **PARENT15**



NEW

Crayola,

Holiday savings at the Crayola Store

ST JOHNS COUNTY SCHOOL DISTRICT TRANSPORTATION DEPARTMENT

We are looking for you! -

Extraordinary men & women to operate our school buses

Interested candidates please contact Bob Aponte @ Phone: (904) 547-8814

email: robert.j.aponte@stjohns.k12.fl.us

BASIC REQUIREMENTS SAFE LICENSED DRIVER FOR 5 YEARS EXCELLENT DRIVING RECORD PASS DOT PHYSICAL EXAMINATION

Compensation and Benefits

We train you with pay.

Full Time \$13.07 - \$20.12 /hour 180 Work Days/6 Paid Holidays Excellent Health Care Benefits

Work available: Daily routes Field Trips Activities Weekends Summer



Contents December 2017

features

- 10 Horse Wonder Exploring the World of Horses
- 14 Speak Up
- 18 How to Host: Holiday Cookie Exchange
- 20 Holiday Books & Apps
- 22 Happy, Healthy, and Wise
- 24 Magic of Lights® at Daytona International Speedway
- 26 2017's Hot Toy List
- 28 Elfster
- 34 2017 Holiday Events
- 36 Marvel Universe Live! Age of Heroes
- 38 Winter Camps
- 42 Christmas Around the World
- 44 Recipe from Around the World
- 46 Happy Family, Happy Life
- **56** Classic Holiday Movies to Watch with the Entire Family
- 58 Forget Gift Giving





departments

health -

16 Healthy Start: Beginning 2018 with Family in iMind

education _____

- 12 Early Learning Coalition: Using Chores to Teach Life Skills
- 38 St. Elizabeth Ann Seton Catholic School
- 60 Start Saving for College Now
- 62 St. Johns County School News

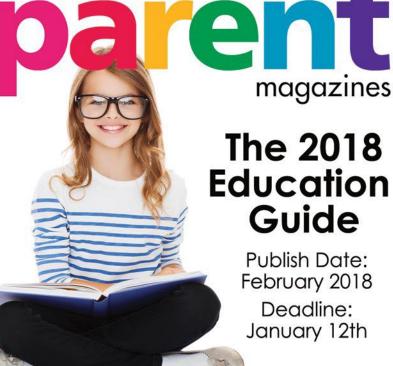
every issue

- 8 Take Note
- 32 December 2017 Calendar of Events
- 40 Reel Life with Jane
- 48 Family Fun Guide
- 51 Fashion: Holiday Fashion
- 64 St. Johns County Libraries

Coming in January! Celebrating our 10th Year!

Family Health & Wellness Education • School News • Fashion

FLAGLER • VOLUSIA • ST. JOHNS



We know how important your child's education is to you, and to help you find the information you need, we will be publishing our annual **Education Guide** in the February 2018 edition of Flagler, Volusia, and St. Johns Parent Magazines.

There's a lot of competition in our educational system these days. If you are the the decision maker for a school, college, STEAM program, pre-school or special education program you need to get your information into the hands of our readers.

Content Includes:

Pre-Schools to Colleges • A Guide to Local Public, Private, Charter Schools, and Universities. Directory listings of Preschools, Daycares, Private Schools, Charter Schools, Public Schools, and Boarding Schools. In addition, Resources on Tutoring, Home Schooling, Calendars, How to Volunteer, Scholarships, Financial Support, and much more!

Your ad will appear in print, online, in our digital desktop editions, and tablet editions. Anytime, anywhere, on any device!

Call Today for Advertising Opportunities (386) 437-0300



www.StJohnsParent.com (386) 437-0300

Reader Services

Calendar Submissions:

We publish information about family events within and surrounding our county. We would love to hear from you! If you have a family event, fundraiser or childrens activity/program please send your information to editor@bradymediainc.com Deadline for submitting information is approximately one month prior to the month in which the event will occur.

Subscriptions

We now have subscription service direct to your home. We are offering these services for only \$10 per year for 11 issues of Flagler Parent Magazine. You can also subscribe for FREE to our digital edition for your iPad, iPhone, NOOK, Kindle Fire, or Android Device. Visit our website www.bradymediainc.com and click SUBSCRIBE. Feedback:

We Welcome Your Feedback & Thoughts. In our continuous effort to improve our publications, we look forward to your thoughts, questions and feedback on how we can better tailor information to your families needs. Please feel free to send me an email at Charlie@bradymediainc.com.



MUSIC

What's New in Print & Online ^{fy} **St. Johns Parent**



New in Schools, On News Stands & Online



Download Our App Today! Read Your Parent Magazine Anywhere, Anytime, on Any Device!











twitter.com/ stjohnsparent



pinterest.com/ stjohnsparent



instagram.com/ stjohnsparent

Coming Spring 2018!



2018 Education Guide

Coming February 2018! Your guide to the best pre-schools, public schools, private schools, and colleges!





Do you want to work for the most talked about family magazine in Flagler County?

We are looking for experienced Ad Sales Representatives who are motivated, energetic, and familiar with Flagler County.

We offer a very competitive compensation package. If you'd like to be considered, please forward your resume to: editor@bradymediainc.com





The flu virus changes year to year, that's why your annual flu shot is so important. Kids, seniors and those with chronic illnesses are at higher risk of complications of the flu.

Palm Coast Centra Care

1270 Palm Coast Pkwy NW Palm Coast, FL 32137 (386) 225-4631

CentraCare.org



What a fresh idea for holiday gift giving, customer and employee appreciation and office parties!





Very Merry Festival™



Delicious Fruit Design[®] with dipped strawberries in snowman keepsake

Order early for the holidays!

To order, please call or visit one of our three locations:

386-446-6350

1268 Palm Coast Pkwy., SW Palm Coast, FL 32137

386-492-6774 128 N. Nova Road

Ormond Beach, FL 32174

904-342-2486 2730 SR 16, Unit 107 St. Augustine, FL 32092

Parent to Parent



The holidays are here!

Like me, you likely cherish the wonderful memories of your own childhood. As a child, the month of December was very exciting; it meant the end of another year, winter vacation and the best holiday of all, Christmas!

As our staff prepares for the holiday season, we are full of gratitude for the abundant support that we have received from you. Our readers, whom without you, we would not have a product to produce; so, thank you from the bottom of our hearts for picking up your copy! Our advertisers, whom without you, we could not produce a quality publication with the editorial content our readers have come to expect from us.

With the chaotic days ahead of us, we've brought you some great reads like How to do a Cookie Exchange, Christmas Celebrations from Around the World, Healthy, Wealthy & Wise, and an article on Elfster, a new app to keep up with all of those Christmas lists. We have saved you some time by bringing you a list of this year's top 10 hot toys for 2017 on pages 26-27.

Our Holiday Calendar of events is the most comprehensive list that you will find published locally, from St. Johns County to West Volusia, you can find a detailed list of family friendly holiday happenings in your neighborhood. Plus, if you're looking for an exciting camp to keep the kids busy this holiday break, we have two pages of winter camp listings on pages 38-39.

As we head into holiday season, everyone knows how hectic it can get with shopping, preparing holiday meals, readjusting our normal routine with the kids being on holiday break etc... So, take a moment and a deep breath, relax and enjoy this month's issue! And from our family to yours, have a wonderful Holiday Season!

Charlie

Charlene Michaux Publisher/Editor charlie@bradymediainc.com



Publisher / Editor Charlene Michaux charlie@bradymediainc.com 386-547-0161

Graphic Artist Stephen Savidge Photography Marina Pierre 386-283-8005 marina@marinas-photography.com Contributors

Christina Katz Judy M. Miller Meagan Ruffing Tiffany Guerzon Christi Melnyk Hines Sandi Haustein

Flagler Parent, Volusia Parent, and St. Johns Parent Magazines are published by Brady Media, Inc. and are copyrighted 2008. Brady Media, Inc. All Rights Reserved. Reproduction in whole or part without written permission from Brady Media, Inc. is prohibited. Flagler Parent and Volusia Parent reserve the right to reject advertisements or listings that are not in keeping with the publication's satndard. Submissions are welcome, but the publisher assumes no responsibility for the return of unsolicited materials. Flagler Parent and Volusia Parent do not endorse or assume responsibility for information, products, services or statements made by advertisers or editorial contributors. The Flagler County or Volusia County School Boards are not affiliated with these publications in any manner, nor do they endorse ro assume any responsibility for any of the information or advertisements contained in therein.

Brady Media, Inc.

800 Belle Terre Parkway Ste. 200-207 Palm Coast, FL 32164 (386) 437-0300 Office (386) 246-2950 Fax www.BradyMediaInc.com Proud Member of



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY





HO HO HOLIDAY FUN

Winter Wonderland Saturday, December 16 10:00am-11:00am

Let's celebrate the holidays with fun activities at the Solomon Calhoun pool! Bring the family to enjoy snowman relay races, scavenger hunt, decorate cookies and hot cocoa bar, and fun holiday crafts.

Santa will be making an appearance to enjoy the festivities and celebrate the holiday.



For more information, please visit the Welcome Center or call 904.471.9622/904.824.6770.

YMCA OF FLORIDA'S FIRST COAST SOLOMON CALHOUN POOL 1300 DUVAL STREET ST. AUGUSTINE



Take Note: December 2017



December 7 National Cotton Candy Day

Dating all the way back to the 1400's when it was first called spun sugar, cotton candy has been a favorite treat for young and old alike at carnivals, fairs and the circus. Now December 7th celebrates this sweet delight as it is National Cotton Candy Day. Each year on December 7th, cotton candy lovers look forward to celebrating the day as they pull puffs of cotton candy from a stick or out of a bag and reminisce about their childhood days. Dentist William Morrison and confectioner John C. Wharton are credited for the invention of machine-spun cotton candy in 1897.



December 12 Gingerbread House Day

Gather the family together, bake up some gingerbread and start building and decorating your very on gingerbread house. Click here for a recipe: Gingerbread House Use #GingerbreadHouseDay to post on social media.



December 13 National Day of The Horse (See our article on page 10-11)

December 15 National Ugly Christmas Sweater Day

The holidays can be a stressful time and it seems like there is a never-ending list of invites to sort through for the entire month. Are you looking to cause a splash with your friends and family this year and mix things up for a little Christmas fun to break the cycle? Check out these 10 Tips for Throwing an Ugly Christmas Sweater Party! It might just save everyone's sanity over this busy season and will be a great stress-reliever with all of the laughs it will be sure to get! https://www.prettymyparty.com/10-tipsfor-throwing-an-ugly-christmas-sweater-party/





December 21 Winter Solstice Day

The word solstice comes from Latin sol "sun" and sistere "to stand still." At the winter solstice, the Sun's path has reached its southernmost position. The next day, the path will advance northward. However, a few days before and after the winter solstice, the change is so slight that the Sun's path seems to stay the same, or stand still. The Sun is directly overhead at "high-noon" on Winter Solstice at the latitude called the Tropic of Capricorn.

December 24 National Eggnog Day

Oh, eggnog — you devilish seasonal treat, you. We love you in our morning lattes and we love you spiked with bourbon before going to bed. You make the most delicious French toast ever, and even our favorite cake is sending you love notes. Is there anything you can't do? Truly? This holiday season, I say let's skip the storebought cartons and additive-laden jugs, and have our eggnog the old-fashioned way: with real eggs. This stuff is incredible, and it couldn't be easier to make. As long as you have eggs, sugar, milk, and cream in your fridge, you can have eggnog anytime the craving hits. Here's a step-by-step recipe to guide you to eggnog bliss.









45 MIN SESSION 30 DIGITAL IMAGES ONLINE GALLERY PRINT RELEASE \$30 PRINT CREDIT

WWW.MARINAS-PHOTOGRAPHY.COM 386.283.8005





"I see people every day that I imagine could change my entire world if they came into my life. I hope that one day they will see me too..." - Local foster teen

> Make a difference in the life of a child in foster care by becoming a Mentor, Foster Parent, or an Adoptive Parent.



Community Partnership for Children protecting children...fostering family stability To learn more visit: www.communitypartnershipforchildren.org or call (386)238-4900.



Horse Wonder: Exploring the World of Horses

by Diane Turner Maller

There was a time when it was common place for parents to have at least one tale from a childhood memory that involved an encounter or "wild ride" with a horse to share with their children. Fewer and fewer parents now have direct horse knowledge from our own upbringing. In finding horse centered opportunities for our children, we can learn along with them.

Therapeutic riding programs have proliferated and the benefits of spending time with a horse grounds any child in present time sensory experience. Consider simple ways that you could introduce your child to the extra-ordinary world of horses.

Attend a horse show. Depending on your location, horse events may be more plentiful then you think. Even urban centers may showcase a special showing of Lipizzaner's in a central pavilion or coliseum. Check the county fair schedule for equestrian events. A local 4H Chapter may be a source of not only the 4H Club activities but also the broader circuit of local horse driven affairs. Feed stores feature bulletin boards that highlight upcoming events with flyer sized photos of horses in action.

When you get to your selected event,

watch how the horses are handled. Decide which rider seems to do this better than the others and why. Help your child learn to distinguish between the various breeds of horses. Can you tell which one is a Morgan? Do you like the coloring of the Appaloosa?

Notice how individual horses have their own personality. How do horses communicate? What does it mean when the horse moves his ears forward and back? What makes the horse lower his head? Revel in the pure joy of movement that can be seen and felt from the horse who is allowed to run free in the arena with head held high, tail lifted, and mane flying.

Find friends or neighbors who have a horse. Maybe there is a neighbor who pastures a horse or two at the end of the road past the last house of the subdivision. With permission from the owner, a young child could feel the soft muzzle of a horse's lips while feeding a carrot or apple. "Hold your hand flat" is the primary pre-caution to offer a child who is reaching through the fence toward the on-looking horse's mouth. In general, horse owners are happy to share opportunities for friendly interaction between a lonely horse and a cheerful group of neighborhood children gathered by the fence who are eager to offer attention.

Next door or at school, a friend may take riding lessons and would be willing to invite your child along to help with feeding chores or to watch a lesson. Always check with barn policies first before joining in. A waiver of liability form will likely be required to enter the premises.

Take riding lessons.

Programs that offer lessons usually provide lesson horses for beginning riders. As with

many other activities, word of mouth is often the best way to hear about who the best teachers are. From her childhood experience, journalist, Zoe Carpenter advises that "students select a barn or a lesson program where students can develop relationships with the horses they ride. They may not always have the same horse for every lesson, but there should still be enough continuity that they understand horses as creatures that deserve care and respect. The point is to develop empathy, not just learn to sit properly in the saddle."

Distance from home may ultimately become the deciding factor in where you find an equestrian program suitable for your child. As an alternative to local stables, a week or month long summer riding camp may be a good introductory opportunity where your child could learn about horse care and take in some lessons. More than one style of riding could be experienced this way.

Couple riding activity with work.

Because her instructors expected her to clean tack, muck stalls, groom, and perform basic veterinary care as part of her riding lessons and because her parents expected barn chores to help pay for lessons, Zoe Carpenter had the opportunity to earn her keep at the barn. Zoe explains, "It's important that the riding activity is coupled with the work: horses are hard to take care of, and they're expensive. I think it's a lost opportunity when young people are allowed to skip the work and just jump into the saddle. But at the same time, I think that riding should always be fun. The good thing about a program like 4H or group



lessons is that they make the 'work' of cleaning tack or mucking stalls fun."

Look for cooperative opportunities.

Our family dentist, Sandra Galloway, shared with me recently how much she loves boarding her horse. She pays for full care and doesn't have to worry about the daily feeding times. Additionally, she leases her horse to a young woman who is an active show rider.

The arrangement turns out to be a winwin for her as a horse owner and for the young woman as a horse rider. Sandra takes care of the boarding costs, veterinary bills, and hoof care. In exchange, Sandra and her young children are able to enjoy their calm, well mannered, and well trained horse from the hard work and expertise of a rider in training. All parties benefit: the horse owner and her children, the competitive rider, and, of course, the horse.

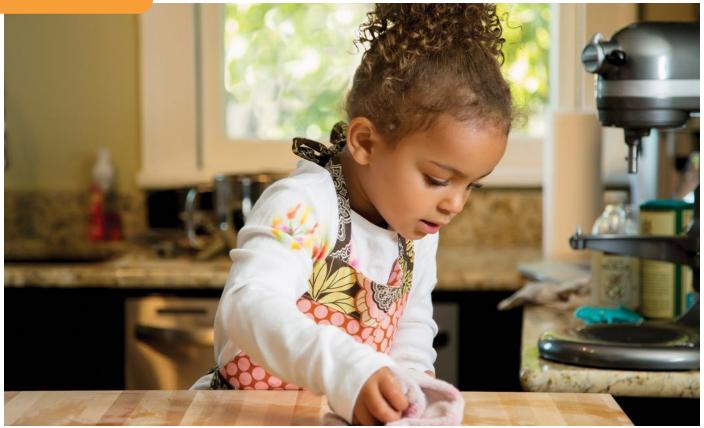
As experience is gained and as you and your child meet more people in the horse world, opportunities to lease or to trade work for riding privileges are bound to present themselves. In all of your "horse trading," be sure to document the details and expectations in writing.

Horses are exceptionally sensitive creatures and have much to teach those who form relationships with them. Interpersonal skills topped the list for Zoe Carpenter. "Horses are an equalizer, and a mirror: they treat you how you treat them, no matter who you are, where you come from or how much money you have. ... They demand a certain kind of honesty, and that's a very valuable skill to learn."



Black Beauty Dreamer: inspired by a True Story Flicka Moondance Alexander National Velvet The Black Stallion The Man from Snowy River Secretariat Summer of the Colt

education



Using Chores to Teach Life Skills

How many times have you asked your child to pick up his toys before going to bed only to have him go to bed with toys still on the floor? Do you give in to arguments or pleas of "I'm too tired" or "I'm sleepy" instead of insisting that the chore be completed before bedtime? Most parents know that getting a child to do chores is a chore itself. You dread doing some chores and your child does too!

Many children think of chores as punishment when they are really building blocks of responsibility and independence, so maybe it's time to look at chores differently. Parents need to agree on tasks that are important to the family. An example may be it is important to be able to walk across the family room without stepping on something, so we must not leave toys, food, or trash on the floor. If this is important to the family, then everyone has a role to play in making sure the floor is clean.

If you have a toddler, he might bring his toys to you so you can put them away. A preschooler's chore may be to pick up her toys and put them where they are stored (toy bin or closet). Older children can pick sweep or mop the floor.

If every family member helps, the floor will stay uncluttered and be clean.

Your preschooler's chores may be to put away toys, put dirty clothes in the laundry basket, brush her teeth and wash her hands before meals. You can also give her simple chores such as feeding a pet or wiping the table after meals. Modeling the task you want your child to do and helping him with the task first as "partners" will be fun and help him learn the correct way to finish the task to your expectations.

Use the "I do, we do, you do" method. If he throws his dirty laundry on the floor beside the laundry basket, show him how you put your clothes in the basket, then have him help you put dirty clothes in the basket. Next, ask him to show you how he can put his clothes in the basket. If you use this method with each chore, it will be easy for your child to learn how you expect each chore to be done.

You should expect everyone in the family over age 3 to help the family by doing chores. Make it part of the daily routines. Your child may not be happy about doing chores, but remember to show your appreciation when he completes them and soon he will complete his chores to be a contributing member of the family. Teaching your child these life skills and a sense of responsibility is a gift that will last a lifetime!



This excerpt from the November issue of Early Learning Parents' Pages published by Florida's Office of Early Learning was submitted by the Early Learning Coalition of Flagler & Volusia (ELCFV). ELCFV administers subsidized School Readiness early learning child care programs for children birth to age five and the Voluntary Pre-Kindergarten program for four-year olds. For information about ELCFV programs and services, call 386 323-2400 or toll free 877 352-0065 or visit www.elcfv.org. Follow the ELCFV on Facebook: search ELCFV.

<complex-block>

WE BUY & SELL GENTLY USED KIDS' STUFF

We pay **cash on the spot** for kids' clothing, shoes, toys and baby gear. Bring us the items your kids no longer wear or play with and turn it into cash. Plus, shop our great selection of gently used items to replace the stuff your kids no longer use with the things they want now!

0.0

COME VISIT US TODAY! 2525 W. International Speedway Blvd.

Daytona Beach, FL 32114 386-281-5731 www.OnceUponAChildDaytonaBeach.com \$10 OFF

of \$30 or more.

Expires 1/31/18. Offer may not be used in conjunction with any other discount or sale. Limit one per customer. Not applicable to prior purchases or gift cards. Valid only at the location listed.



Speak Up! Empowered Responses With Far-reaching, Long-lasting Effects

By Christina Katz

Disrespectful behavior is at an all-time high in our society. Stress seems to be fuelling an increase in angry outbursts, unconscionable remarks and a general lack of accountability. I have certainly noticed this in my daily life, in my work life, and in my family's experiences outside the home. So what can we do to counterbalance a sudden spike in road rage, uncivil treatment, overreaction-or even when we feel like going off on someone ourselves?

Take a deep breath and focus on what the world needs more rather than backsliding into what the world needs less. This does not mean becoming a doormat. Quite the opposite, in fact-I have become more assertive, not less, in an effort to put my conscious choices above the knee-jerk behavior of others. Ultimately we all have to do what we think is right even if it feels uncomfortable, especially when younger eyes are watching us for signals about how to cope with feelings of overwhelm, fear and anger in a world that feels more chaotic on a daily basis.

I have come up with a few rules of thumb for how to cope with unexpected upsets. These are not hard-and-fast rules but rather behaviors to strive for in tumultuous times, keeping in mind that none of us are perfect, nor are any of us always right. Since we all make mistakes, we can use these guidelines to correct course and to pick each other up when one of us starts to stumble. We cannot control the behavior of others, but if we strive to de-escalate hostile, shocking or inappropriate behaviors, we can congratulate ourselves for setting a good example for our children and future generations.

Listen Rather Than Reacting

Listening requires paying attention. We may immediately disagree with what is being proposed, but we owe it to our own intelligence and to others to keep our ears open and our mouths closed, at least until we are fairly certain we have absorbed what is being communicated. If you find yourself feeling reactive, take deep breaths while listening and take a beat before you respond. Usually the difference between responding and reacting is a matter of being thoughtful.

Choose Bravery In The Face Of Bullying

Sometimes things happen in our midst and we need to be the voice of reason over irrationality. This could mean stumbling on an incident of road rage, calmly confronting a person who is over-reacting or simply





bringing a cheerful presence into an otherwise discouraged room. Be as respectful, direct, and gentle as you can muster and try to redirect the situation in a more constructive direction. Standing up to a bully, a ranter or a person who is seriously discouraged takes finesse, but don't be afraid to try.

Express Honest Emotion, Not Repression

Trying to keep up with our feelings can feel like a tall order these days. And yet, if we don't keep up with what is going on inside of us, it's all too easy for emotions to become bottled up and then come barreling out in an unfortunate direction. Sit still once in a while, pull out a journal or a doodle pad, and jot down whatever truths you are experiencing. You can share how you feel with at least one empathetic listener-yourself.

Seek Acceptance Instead Of Intolerance

We are not in charge of the whole-wide world, even if we sometimes think we have all the answers. Since we are not the big boss, it is more constructive to focus on what we can control, instead of what we cannot. When we focus on our responsibilities, and take them one step at a time, we feel calmer and more grounded, which automatically makes us feel more flexible and tolerant. Acceptance means accepting what is and moving on.

Enjoy Nature, A Cure For Overwhelm

Increasingly adults and children spend time online. The Internet can provide resources that facilitate positive experiences and self-expression, but the temptation to overuse technology to provide an escape from real-life challenges is ever-present. That's why it's important to remember to spend time in nature each day and encourage your kids to do the same. On a particularly busy day, even five minutes spent with feet on the ground outdoors can refresh our connection to the earth we all share.

Regroup Beyond Bad News

The 24-hour news cycle makes our busy lives seem scarier than they actually are. To regain control of your piece of mind, limit your family's exposure to news while it's happening. Breaking news is often a competition between outlets for eyeballs without appropriate ethical restraint to filter out images and headlines that needlessly frighten viewers. Schedule plenty of unplugged downtime with your family, so everyone can regroup regularly without the interruption of the latest tragedies.

Agree To Disagree, Avoid Antagonism

There are more opportunities to argue, debate and fight with others than ever before. The Internet makes it easy to seek out whomever you consider the opposition and wage virtual war against them whether arguing about an controversial topic on Facebook, coping with Internet trolls or fighting with family members about divergent political views in public. A simple solution is to require face-to-face interactions when sorting out disagreements.

Cooperate Over Competing

With so much disturbing news constantly streaming at us, no wonder the world starts to feel like survival of the fittest. In order to cooperate and flourish, we have to feel safe and secure. When scarcity rules, we do not have a deep sense of security and we start unconsciously competing with each other. But when cooperation is valued as much as competition, the world becomes a much friendlier place.

Find Empathy, Not Apathy

With so much stress in the world, numbing out may seem like a sensible choice. But perhaps the best strategy is to stay present in the moment notice the folks who are right in front of us. Hold the door for the person coming in behind you, pick up something dropped by an elderly person, and smile counter worker in front of you and then wish them a nice day. Little acts of kindness celebrate the human connection.

Choose Joy, Transcend Suffering

So often these days, good news seems to roll in with bad news following swiftly behind. It's easier to say everything stinks, instead of making an effort to find something to appreciate. Why not try a little harder to amplify the good in the world, while simultaneously affirming your ability to withstand petty annoyances. Shoo away the habit of getting annoyed and focus on the sweetness in the world. Once you master this, you really are in charge of your own attitude.



Beginning 2018 with Family in Mind

Holidays are a time of gratitude, merriment, overeating, and gift-giving. That being said, let's all admit it's also a time when the family may be needing a little "re-grouping" as we head into the new year. It's also a good time to consider the overall health of our family and set meaningful goals around keeping everyone as healthy as can be.

Here are some thoughts about mobilizing your family team for the New Year:

1. Talk as a family about the things that made the holiday season special. Then ask if there were events that were more meaningful than others. Ask about specific feelings like, "What was the thing that made you feel the happiest?" "Who made it special and why?" "What tradition did we practice that was special?" "Was there anything that made you feel nervous or sad?" Ask your children to draw an emoji or a picture about these feelings to help them find the words to express the feelings they might struggle with putting a name to.

2. If there is something identified that is very sad – such as loss of a pet or a loved one, this can make the next holiday season fraught with anxiety or sadness. Ask as a family how we would like to remember or consider this sad event during the year or during the next holiday – lighting a candle, telling a story about them, drawing a picture of them and displaying it, or singing a song they liked. This helps assure children that the event is respected and can be talked about after the holidays are over.

3. Tune in to the things that were special to them. Put a note to remind everyone about the tradition(s) that were important so we can provide assurance that we can celebrate them next year (such as lighting the menorah, decorating the tree, or going to religious services as a family).

4. Talk about one or two things we can do as a family to make the world a better

Taking care of kids, seniors and families for over 35 years.

place. Children may see other families involved in service to others and desire to work with their own family to help others in need. Reaching out to a shut-in neighbor, gathering clothes or canned goods for a charity, or cleaning up for someone in the neighborhood that can't do it for themselves are some ideas. This helps children feel gratitude and purpose.

5. Consider the physical health of family members and what kind of role models we are to our children. Make plans (and commit on a family calendar) to go for walks and bike rides as a family and do physical things that can help everyone stay in shape.

6. Set a goal to ensure that as parents, our family's health history and medical needs are a priority. This includes being ahead of the game in knowing when children's immunizations are due, thinking about school physicals, cleaning out the medicine cabinet and renewing prescriptions for any chronic medical condition. Answer the following questions: "Does our family have a permanent medical home or family physician who knows our health issues? "Do any family members have a chronic illness or did deceased members have illnesses that our family physician should know about?" Is there any family member with e complaint that should be discussed with our medical provider?"

The more we prepare emotionally and physically, the stronger our families can be! Talk to other families about how they work as a team and remain strong and resilient. Families can support each other in heading into 2018 with success in mind!



386.254.1226 www.healthystartfv.org

Your Extended Family

Please consider donating to the Community Partnership for Children Toy Drive to benefit child victims of abuse and neglect in Volusia, Flagler, and Putnam Counties. Our mission is to help them have a joyful holiday during this difficult time in their lives. There's room for you in this special project, so please join us in the true spirit of the season!

Y DRIV

01101

ANNUAL

HOW TO GET INVOLVED:

- Sponsor a child and grant their holiday wish
- Businesses can sponsor a group of children
- Make a donation to the toy fund
- Make a donation of new and unwrapped toys

*Donations may be dropped off at one of our four office locations in Daytona, DeLand, Palm Coast, or Palatka.

Please Contact: Danielle Antoine at 386-254-3875 or Danielle.Antoine@cbcvf.org

Community Partnership for Children

protecting children . . . fostering family stability

COMMUNITY PARTNERSHIP FOR CHILDREN REGISTRATION #CH17982, IS REGISTERED WITH THE STATE UNDER THE SOLICITATION OF CONTRIBUTIONS ACT. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE, WITHIN THE STATE, 1.800.435.7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE."

TOY DONATIONS ARE DUE BY MONDAY, DECEMBER 4TH, 2017



How to Host: Holiday Cookie Exchange

by Christa Melnyk Hines

Cookie exchanges are inherently rewarding. Not only do you have a chance to share one of your family favorites, a cookie swap is a festive way to feed your guests' spirits with sweet cheer. Nothing beats the lovely afterglow of time spent with friends and a plate brimming with homemade goodies to gift to each other's families.

At first glance a cookie exchange may seem complicated--I certainly thought so--but with this handy how-to, you'll pull it off without a hitch, just like I did.

Cookie swaps can range from a strict set of rules (no store-bought chocolate chip cookies) to anything goes (simple is super if that's your style). Go with whatever you think will appeal to your friends without causing them stress.

1. Set the date.

Holiday calendars fill up fast. At least four to six weeks before the event, send out your invitations. Choose an evite or a print invitation, whichever makes the most sense for your budget, audience and time.

2. Timing.

During the hectic holiday season, a non-traditional time of the day might work better with your friends' schedules. For example, instead of an evening gathering, schedule an afternoon tea party.

3. Better by the dozen?

Decide on the number of guests. The more guests, the more cookies each guest will need to bring. Typically around two-thirds of invitees will accept an event invitation. If you invite 20, plan for between 12 and 15 guests.

4. Check Yes or No.

Request that guests respond a week ahead of time in order to give participants time to plan how many cookies to bake. Send a gentle follow-up to any unconfirmed guests the day of your RSVP deadline.

5. Crunch the numbers.

Let's say you have 12 guests. Ask each participant to prepare four dozen cookies. This ensures every person gets to take at least four cookies from each batch, and each guest returns home with a total of 48 different types of cookies. If this sounds like too many cookies for each person, either decrease the number to three dozen or have guests donate extras. (More on that later.)



6. Gather the recipes.

Ask each of your friends to bring copies of her recipe to share or if you have time, request that your guests email their recipe ahead of time, preferably when they RSVP. Gather the recipes into a clipped cookbook for each guest to take home as a party favor.

7. Prep your guests.

Participants should arrive with a tray of cookies for sampling and instructions about how they'll take their treats home. For example, they can bring their own container or as the host, you can provide them with decorated boxes or tins to put treats in. If your friends rally around creativity, challenge them to pre-package their treats as individual giveaways to each guest.

8. Serve simple appetizers and beverages.

To complement the sweet, serve savory appetizers that you can prepare ahead of time, like cheese and crackers, mixed nuts, dips, chips and fresh veggies. Beverages might include apple cider, soda, wine, iced tea, sparkling wines, beer, coffee or hot chocolate.

9. Share stories.

Go around in a circle and ask each of your guests to share a story about the treat that they brought. Listening to my friends recount their family traditions, baking disasters, and childhood memories spent rolling out dough in their grandmother's kitchens made us laugh, empathize and wax nostalgic. We grew closer hearing these stories and the treats took on a life of their own.

10. Give prizes.

While this step is optional, it can add extra cheer to the festivities. Ask your guests to

vote: Which cookie was the most unusual? Who shared an unforgettable story associated with their treat? Who had the most creative packaging? Whose cookie was almost too beautiful to eat? Hand out simple prizes like plastic tiaras, tin holiday cookie cutters, a box of tea, a holiday mug, or ornaments.

11. Spread the joy.

Offer your friends the option of preparing extra cookies that you can box up and deliver to a local nursing home, police or fire station or women's shelter.

Additional resources

Cookie Exchange: Hosting the Perfect Party by Melissa Harvey

Cookie Swap: Creative Treats to Share Throughout the Year by Julia M. Usher

The Great Christmas Cookie Swap Cookbook by Good Housekeeping

The Cookie Party Cookbook: The Ultimate Guide to Hosting a Cookie Exchange by Robin L. Olson

23 Ways to Package Cookies for Gifting

Mason Jar Decorative Glass Jar Cleaned and Wrapped Pringles Containers Homemade Paper Envelopes Lunch Sized Paper Bags **Decorative Take-out Boxes Cellophane Wrapped Bowls** Miniature Loaf Pans Cookie Tins Rectangular Cake Pan Repurposed Wine Bag **Ribbon-tied Cellophane Bag** Holiday Paper Plate Wrapped with Cellophane Baskets **Tissue Paper** Gift Boxes Mail Tubes

Cardboard Jewelry Boxes

Aluminum Baking Trays

Cookie Jars

Scrapbook Paper Rolled into Cones, Wrapped in Cellophane

Repurposed Cans

Decorative Plates

Ideas for Compiling Recipes

- Print recipes on 4x6 holiday paper and clip with a loose-leaf metal ring.
- Retype recipes in different fonts and print off on half sheets of paper. Make a decorative cover out of card stock and staple or clip together.
- Decorate a cardboard recipe box and place recipes inside.
- Paste recipes into a small spiral notebook and decorate the cover.
- Slide recipes into a miniature soft-cover photo album.
- Ask each guest to bring extra copies of her recipe to put next to their cookie platter for friends to take.
- Have each guest include a copy of her recipe in each of her giveaway containers.

DECEMBER 2017 19

Books & Apps

Ella Bella Ballerina and the Magic Toy Shop

In this story, Ella's ballet teacher, Miss Rosa, tells them the story of La Boutique Fantasque. The story takes place in a toyshop full of dancing dolls, she explains, as she shows them her own collection of dancing dolls and her magical music box. \$12.40

Musical Christmas Tree

This unique search-and-find Christmas book is even easier to put up than a real Christmas tree! Press the button to hear the Jingle Bells melody and turn it off whenever you want replaceable batteries are included. \$10.99

Santa's Sleigh

Share the story of Santa's epic sleigh ride with your little ones this Christmas season. Children will get excited when they see Santa feeding his reindeer, working on the sleigh with his elves, packing up all the gifts for girls and boys, and taking off into the snowy night. \$5.99

Santa's Workshop

Children will thoroughly enjoy this kit that lets them act out all of Santa's busy days leading up to Christmas. Kids can build their very own 3-level model of Santa's Workshop, and complete this magical setting with an illustrated floor mat, lots of stand-up pieces, and more. \$12.97

Candlelight Magic

Add a festive glow everywhere you go with this unique coloring book from the Magic Lights series! Twelve transparencies let you take your colored pens, pencils, or markers and create a stunning gift with visual impact. \$9.99

Illuminated Magic

Add a beautiful glow everywhere you go with this unique coloring book from the Magic Lights series! Twelve transparencies let you take your colored pens, pencils, or markers and create a stunning gift with visual impact. \$9.02

norad

Countdown to Christmas 2017

You can get up to the second countdown until Kris Kringle comes. This app is free and contains no ads. I made this app for my friends and I am happy to distribute to Everyone. That is what St Nick would want!

The Christmas List

Syncs lists via email, shopping list view to get you through the stores quickly, enter gift once, assign to multiple recipients, track budgets per person, add people from your contacts, Track gifts by status: shipping, received, and wrapped and sooo much more! FREE

Free Christmas Ringtones!

Celebrate Christmas each time your phone rings! There are collected many beautiful Christmas ringtones, in order for you to get in a holiday mood when your phone is ringing.

MagicCam

Xmas Frames helps you combine multiple photos into awesome looking frames and share them with your friends and family via Facebook, Email and Twitter. Your beautiful memories can be made more wonderful with amazing frame layouts, styles, xmas materials, fantastic drawing, beautiful fonts, clip arts and much more.



2017 Tost Orange Christmas Celebrations

"Christmas in Paradise

Saturday, December 2nd Christmas in the Park

6 - 8 pm - Kenneth W. Parker Amphitheater Annual Port Orange Christmas Concert Official lighting of City Center Horse-drawn carriage rides

Sunday, December 3rd 40th Annual Holiday Parade

Starts at 2 pm beginning at Dunlawton & Jackson St.

386-506-5851

Port Orange Parks and Recreation



port-orange.org/events

DECEMBER 2017 21

PortOrangeParks



Healthy, Wealthy & Wise 25 Simple Ways to Save While Still Enjoying The Splendor of the Holiday Season

by Christina Katz

Whether you celebrate Christmas, Hanukkah or Kwanzaa, when money is tight, stress runs high. In lean financial times, holiday family fun can become scarce.

Don't let financial concerns rob your family of holiday memories. Saving cash during the happiest time of the year does not have to leave your family feeling unhappy. Teach your kids to feel savvy and empowered about saving money during the holiday season, when over-spending is a common pitfall.

Thrifty families have more time, money, and energy to give back to the world during the season of giving. And being money-mindful may even spark some new favorite family traditions. Here are 25 ways your family can enjoy the season to the fullest without spending too much and going into debt.

1. Be sure that everyone understands the deeper meanings of the holidays beyond the mere exchange of gifts. When you anchor the holidays in meaning rather than spending, everyone feels wealthier. Have a holiday family keyword like gratitude, abundance, or generosity. Explore your word together throughout the season.

2. Instead of buying whole holiday albums, let each child download four or five songs to make their own holiday mix. Combine everyone's choices into a family album for the year and keep it on shuffle. In the future, you'll remember each year by its unique soundtrack. 3. Serve bowls of hot, steaming oatmeal for breakfast as a tasty, satisfying way to start each day. Add a dash of ancient grains to your usual dried fruit and nuts for some added crunch and nutrition. It's cheaper, healthier and more satisfying than box cereals.

4. Scour the house for plugged-in appliances you do not use in the winter. Unplug everything you can. Store items away you will not use in cool weather to make room for holiday décor.

5. If you need several baked goods for the week, make them all in one day. Then you won't need to repeatedly pre-heat

the oven. As a bonus, your kitchen will be toasty all day. Offer homemade cocoa to anyone who pitches in and helps.

6. Before you head out to shop, visit websites where you can search for relevant coupons. Spend five minutes checking recent mail and email to see if you received any discounts for stores on your list. Scan store flyers once you arrive at each store. Avoid using any discounts on items you don't want or need.

 Visit a tree farm and cut your own tree. Cut branches from the bottom of the tree for wreaths and garlands. Make it a day of tree decorating. You'll gain a family memory,

22 DECEMBER 2017



photos for the album, and fresh greens that last longer than store-bought.

8. Go for engaging gifts. One of my best holiday shopping tricks is to make sure my daughter will fall in love with at least three of her gifts. A book she'll cherish, a DVD she has been wanting, or some kind of kit or craft will hold her attention for hours rather than just minutes after wrapping is torn away.

9. Love holiday music? Check neighboring towns for free performances and festivals. Meet up with friends for a low-key afternoon or evening of listening. High schools and colleges often have free or inexpensive holiday music performances right before school gets out. Or go caroling and make your own sound.

10. Visit the library each week for a steady supply of reading materials and educational media over holiday breaks from school. Keep a large, sturdy tote bag n the upstairs hallway where everyone can fetch or deposit items between library visits.

11. Stay healthy by getting adequate rest. Encourage napping by adding comfortable pillows and blankets to couches and beds. Set a daily naptime for anyone who wants one during an hour when everyone has to partake or be quiet.

12. Visit a Christmas Bazaar or holiday gift shop and give each family member five dollars to spend any way they wish. The only caveat is that it must be a present for them.

13. Use your slow cooker more and give your oven a break for a fraction of the cost. Double healthy, economical recipes and freeze leftovers to pull out on busy nights when you are not in the mood to cook.

14. Exchange kid-free shopping nights. Pop popcorn, pour apple cider, and have a holiday movie night for neighborhood kids. Switch off with other parents, so you can shop with less time-pressure and interruptions.

15. Can't afford a gym membership? Create your own workout space at home. Put workout tools like hand weights, jump ropes and hula hoops in a basket. Gather all of your audio and video fitness programs and spend at least 30 minutes a day getting your heart rate up. 16. Avoid cabin-fever-induced bickering by giving kids an hour or two of reflective time each day. Everyone retreats without devices to read or do something creative. Ask kids to make an appreciation list before they make a gift list.

17. Use leftovers from roasted meats for lunchtime sandwiches instead of hitting the deli. Or chop up leftover meat and veggies and add them to brown rice for an easy teriyaki bowl you can warm in the microwave.

18. Cancel your cable TV and use a streaming device instead. You won't miss that extra bill one bit and the TV schedule will stop holding your family's attention hostage. Make it a lesson in delayed gratification.

19. Offer to pay older kids for jobs that make your holiday prep easier. Take advantage of their skills like cookie decorating, closet cleaning, pet care, grocery shopping, digital photo sorting, and homemade gift preparation.

20. Test-drive movies before you buy them with your steaming service for a couple bucks each. Only purchase the few you can't live without, including the holiday treasures your family will watch together every year.

21. Rather than take an expensive getaway, camp out in the living room next to the tree. Haul out the camping gear, make a fire in the hearth, and toast some s'mores while you sing carols or play board games.

22. Create some homemade gifts for teachers and friends. Tackle a family art project at the kitchen table that won't break the bank. You'll find plenty of inspiration or on Pinterest.

23. Make sure you take daily mental breaks from all the holiday prep. Stress leads to overspending. Set up a giant puzzle on an out-of-the way table for everyone to work on for fifteen minutes when they just need to chill out.

24. Relax more. On Sunday nights, don't use overhead lights. Use your fireplace, lamps, twinkle lights, and real or electric candles instead. Enjoy the hush an under-lit home can provide as you reflect on the week ahead.

25. Save money on heat by adding extra blankets to beds and turning down the thermostat at night. Change the direction on ceiling fans to drive the rising heat back down into rooms during the daytime.

DECEMBER 2017 23

Happy holiday savings!

Magic of Lights® Holiday Display Coming to Daytona International Speedway

Beginning Nov. 17, 'World Center of Racing' Transforms into a Holiday Spectacle

During this year's holiday season, the "World Center of Racing," the largest lighted sports facility in North America, will transform into a holiday spectacle with the **Magic of Lights** drive-through holiday lights experience at **Daytona International Speedway**.

Daytona International Speedway is among seven cities that will host the **FunGuys Events'** all-new 1.5-mile long Magic of Lights display this coming holiday season. Other iconic venues include Auto Club Speedway, Fontana California (Los Angeles), Jones Beach State Park, Wantagh New York (NYC), Gateway Motorsports Park, Madison Illinois (St. Louis), Victory Park Ohio, North Ridgeville Ohio (Cleveland), Castrol Raceway, Edmonton Alberta and Wesley Clover Parks, Ottawa Ontario.

FunGuys Events also revealed that Magic of Lights will feature all-new lights displays including new original designs and animations created especially for each of the world-class venues hosting the event. Magic of Lights' own team of artists and fabricators have built a stunning set of new shows using the latest LED and digital animation technologies.

Beginning Nov. 17 and running every day through the holidays from dusk to 10 p.m., guests will be able to enjoy a family holiday drive-through experience at Daytona International Speedway. The experience will include a drive behind the Ticket and Tours Building, through the world's only motorsports stadium and conclude in the Midway display area outside the facility. Additional information about the route, including the entrance point, will be provided at a later date.

"Magic of Lights is going to be a great addition to our already busy event calendar and will provide a wonderful new family holiday tradition for the local community," Daytona International Speedway President Chip Wile said. "The event provides an iconic setting to celebrate the holiday season and gives back to all of us here in Central Florida through its charitable mission." **Tickets for the Magic of Lights** will be \$25 per car at the gate, \$20 per car in advance. For oversized vehicles such as limousines or 15-passenger fans, tickets will be \$50 per vehicle at the gate and \$40 per vehicle in advance. Tour buses will not be permitted. A special "Dash Pass" ticket that provides front-of-the-line admission will be available for \$40 for cars in advance, \$45 at the gate. For oversize vehicles, the "Dash Pass" is available for \$60 in advance and \$65 at the gate.

Advance tickets are on sale now with special \$17 "Early-Bird" pricing available for cars only. A portion of the proceeds from the Magic of Lights at Daytona International Speedway will benefit the Florida Hospital Foundation.

Magic of Lights is produced by a team of family entertainment professionals, each with decades of international show experience at the highest level.



EVENT SUMMARY

What: Magic of Lights™

Magic of Lights is a dazzling 1.5-mile drive-through holiday lights experience with more than 400 spectacular displays using the latest LED technology and digital animations along the festive route. The experience is from the comfort of your own car as you wind through the sparkling path of Daytona's newest favorite holiday tradition.

Magic of Lights is an affordable, easy outing for families, couples and groups for holiday light sightseeing. A portion of the proceeds will benefit the Florida Hospital Foundation. For more information, please visit www.MagicOfLights.com.

When: Friday, November 17 through Sunday, December 31, 2017 Monday through Sunday – 5:00 p.m. to 10:00 p.m. Hours: Where: Daytona International Speedway 1801 W. International Speedway Blvd, Daytona Beach, FL 32114 Cost: One carload, one price! Early Bird Discount: Car passes \$17 (Through Nov. 1) Car Advanced Purchase: \$20 per car (\$25 at the gate) Car Advance Dash Pass (skip the line): \$40 (\$45 at the gate) Limo/Party Bus Advance Purchase: \$40 per Limo (\$50 at the gate) Limo/Party Bus Advance Dash Pass: \$60 (\$65 at the gate) Info: For more information about Magic of Lights and to purchase tickets, please visit www.magicoflights.com or www.daytonainternationalspeedway.com or call 1-800-748-7467 Facebook: https://www.facebook.com/MagicOfLightsDaytona/ Twitter: #MagicOfLights Instagram: TheMagicOfLights

A Magical Drive-Through **Holiday Lights Experience** Nov. 17 - Dec. 31



One Car Load, One Price! FOR TICKETS & DETAILS VISIT: MAGICOFLIGHTS.COM CALL: 1-800-748-7467

A portion of the proceeds will benefit FLORIDA HOSPITAL



DECEMBER 2017 25

% 2017's Hot Toy List



Little Tikes 3 in 1 Sports Zone Light the Way to Active Play with Little Tikes 3-in-1 Sports Zone. Dunk, kick and score with fun infant Sport Zone. Babies will love playing basketball, while developing coordination and confidence! 12mos – 3yrs \$39.99

Fisher Price Shimmer and Shine Magical Genie Dream Palace Set

Shimmer and Shine, genie palace divine! Now little genies can recreate Shimmer and Shine's adventures with their very own genie palace! The Palace door opens to reveal 3 levels of play, over 20 play pieces and lots of magical surprises! 3-5 yrs \$99.99





Glimmies Glimtern

Light-up your world with Glimmies! The Glimtern is a beautiful lantern-shaped house that makes the perfect home for your cute little light up star creatures. Place your Glimmie in her Glimtern and she will magically light up! 3 yrs and Up \$14.39



Disney Junior Doc McStuffins All-in-One Nursery

Disney Junior's Doc McStuffins is learning all about baby care thanks to her role as a Chief Resident. Preschoolers can nurture and care for their baby dolls right alongside Doc with the All-in-One Nursery an adorable role-play center full of exciting doctor features and accessories to explore! 3 yrs and up \$62.89

PAW Patrol Sea Patroller

Trouble is on the horizon at adventure beach! Help Ryder save Baby Octopus by jumping aboard the Paw Patrol Sea Patroller. Equipped with flashing lights, sounds and a detachable anchor, this rescue vehicle comes with everything you need to sail the high seas 3 and up \$49.99

Imaginext DC Super Friends Batbot Xtreme

The Imaginext DC Super Friends Batbot Xtreme is the Ultimate toy for Batman fans. With extendable wings, multiple projectile launchers, a hidden Batcycle, a voice changer, and real punching fists, your young Super Hero will have a blast defending Gotham City from all sorts of evil Super-Villain attacks! 3-8 years \$83.99



Magic Fairy Wand Fairy Princess Fern

You control the magic! Enter the world Of Dragons,

Fairies and Wizards(TM) a world of friendship, magic

and adventure. Fern, the pink fairy, lives inside this

wand. She will teach you magic spells and take you

on amazing adventures!

4 yrs and up \$49.99

You & Me Baby So Sweet 16 inch Nursery Doll Brunette with BrownEyes in Lilac Footie

This sweet-faced baby doll exclusively from Toys'R'Us is the perfect choice for a child's first doll. She's a quality nursery doll with a soft body and vinyl arms, legs and head, and comes dressed in a lilac footie pajama with a matching hat. Soft and cuddly, she's easy for little hands to manage and is slightly weighted so she easily sits up. 2 yrs and up \$29.99



Disney Pixar Coco Guitar

Coco, the new animated film from Disney Pixar, is a celebration of a lifetime, where the discovery of a generations-old mystery leads to a most extraordinary and surprising family reunion. 3 yrs and up \$24.99



Oonies Mega Starter Pack

Oonies are the coolest way to create! Take an Oonies pallet, place it in the inflator and watch it magically grow into an Oonie! They stick to each other so you can make amazing creatures and designs! No glue. No water, no mess. 5 yrs and up \$29.99

Power Rangers Ninja Steel Lion Fire Fortress Zord 20 inch ActionFigure

The fun never ends with the Toys'R'Us exclusive Power Rangers Ninja Steel Lion Fire Fortress Zord. It's the ultimate 3-in-1 Megazord and playset! Over two feet long in Fortress mode it is Power Rangers Ninja Steel's biggest Megazord ever. 4yrs and up \$89.99



WowWee Fingerlings Interactive Baby Monkey Toy Zoe

"Zoe is my name and I love life upside down! Zoe is a turquoise monkey with soft purple hair who loves holding onto your finger and knows when she is being pet, talked to and even hung upside down! 5 yrs and up \$14.99



Hatchimals Surprise - Puppadee Hatchimals Surprise are finally here and they have an unEGG-spected treat in store for you! For the first time ever, you can hatch TWO adorable Hatchimals! 5 yrs and up \$69.99

DECEMBER 2017 27

elfster 🞰

GIFT GIVING EASY & FUN

Make A Wish List

Start A Secret Santa

Shop, Shop, Shop Best gift ideas anywher

elfster 💿

In 2001 on a thirty-minute lunch break, Kelly and Julia tackle the task of gifting for their large family, spread across 3 States. Remembering how much fun a Secret Santa gift exchange was for them as kids, they decide to organize one. How hard can it be? With 8 envelopes before them, one for mom, dad, the kids and their spouses, and an Oakland hat full of strips of paper bearing the names of everyone involved, Kelly blindly picks a name out of the hat and passes it to Julia, who puts in the envelopes. Easy. Until a co-worker doing a double check discovers that Kelly got the name of her own husband. Yikes! And so they start all over again.

When Kelly recounts this story to Peter that night after work, he can see that the time is right for a new twist on an old favorite. Using technology to enable online gift wishing, gifting, and exchanging, Elfster is born, putting a modern innovative twist on a beloved gifting tradition. Elfster, making gift giving easy, and strengthening community bonds, one exchange at a time.

What is Elfster?

Elfster is a free online Secret Santa organizer and networking platform for gift-giving. Elfster gives time-strapped party planners and gift givers the tools to rediscover the joy of gift giving by organizing a Secret Santa exchange.

The holiday season is already busy with parties and quality time with family and friends. Don't waste time and money aimlessly shopping. Elfster organizes you and your loved ones to make the most of the season.

Who

With over 5.5 million users, Elfster has become one of the most used online gift giving resources and Secret Santa generators for the Holiday Season.Users have made over 8.5 million wishes in over 228 countries! Users set up exchanges for extended family, corporate events, online communities, the obvious Christmas, and loads of other occasions. The sky is the limit!

What

Elfster is a free, online gift giving service that focuses on generosity through their universal wish lists and updated Shop section. Elfster also does most of the work setting up gift exchanges and secret Santa exchanges; making it easy to stick to your budget while minimizing time spent and maximizing the "feel good" moments.

When

Gift exchanges can be coordinated all year round for any occasion you can think of. Going to a wedding? Is someone you know graduating? Maybe you were invited to a fall harvest party and feel like you need to bring the host a gift? Check out the Elfster Blog, where the elves make gift suggestions for all types of occasions!

Where

Elfster is international, but is most popular in the US, UK, Canada, Australia and Mexico.Exchanges can happen anywhere. That's the beauty of Elfster. It brings people together from all over the world with a few simple clicks.

Why

Give better, more meaningful gifts in less time while spending less money. If you have a ton of people to shop for and want to pare it down so that you spend less and can give something truly awesome; create a gift exchange!

If you're struggling with finding a gift idea, then use Elfster's wish list! Ask friends and family to create a wish list where they can add products from anywhere online. The wish lists let you see what your friends and family are wishing for so that you can surprise them with something that they really want. If you're ready to get gifts that you'll be excited about, create your own wish list and share it with your community on Elfster. The best part about the wish list is that it provides options, and whatever you choose to purchase will still be a surprise when they receive it! Gift giving stress adds up pretty quickly when there's a time crunch, strict budget or too many people on your list. Let Elfster help with all of it!



You Can Bring the Joy and Magic of the Holidays to Life by Donating Popular Gifts From the List Below.

Every year, we hold a Holiday Toy Drive for the children in our care. While we receive hundreds of donations from this drive, we often don't receive enough gifts for our teens. Your donation of a gift to our Holiday Drive will showcase your commitment to providing meaningful solutions that change children's life stories and build a stronger community. Only by working together can we offer a shining star of hope for struggling children, families and communities to achieve success.

Infant & Toddler Gift Ideas*

Activity Gyms Baby & Toddler Books Baby Dolls (all ethnicities) Building Blocks Clothing & Shoes Developmental Toys Diapers & Wipes Pack n' Plays Plush Toys Push & Ride-On Toys Strollers Tricycles & Wagons

Youth & Teen Gift Ideas *

Arts & Crafts Supplies **Beauty & Hygiene Supplies** Bikes, Scooters & Skateboards (with helmets) Board Games, Cards, & Puzzles **Books & Journals Clothing & Shoes Dolls & Action Figures** Gift Cards (restaurants & retail) **Headphones & Speakers** Jewelry & Watches Lego Sets Movie & Theme Park Tickets Musical Instruments New or Refurbished Electronics **Remote Control Vehicles/Drones** Sports Equipment Tablets (i.e: nabi, Amazon Fire) Video Games

*New items only please

Sign up at www.chsfl.org/volunteer/holiday-gift/ to sponsor a child's wish list.

You can also drop off toys at our office located at

2400 S. Ridgewood Ave., South Daytona, FL 32119 between Nov. 20 and Dec. 11 from 9am - 4pm

Please notify us in advance if you plan on dropping off toys so we know to expect you by contacting Abeer Elterntamy at abeer.elterntamy@chsfl.org or 386-304-7600 ext. 275

Did you know that 23% of Florida's kids - nearly 1 million children – live in extreme poverty? 1 in 4 children will suffer abuse or neglect. 1 in 5 suffers from mental health challenges. These kids are 1.5 times more likely to use drugs, 9 times more likely to engage in criminal activity and 25% more likely to experience teen pregnancy.

Did you know that YOU can be a HERO for these children?

Children's Home Society of Florida services include:

Emergency shelter in foster care and residential homes, three visitation centers that assist with the reunification process, independent living services to teens and young adults, clinical services to children and adults in need of counseling, medication management and parenting skills.

The North Coastal office serves more than 2,700 children and families. We specialize in child abuse and neglect prevention so that children can grow up in a world where they realize their full potential.



Thank you for brightening children's spirits for the holidays! QUESTIONS? Give.CHS@chsfl.org



When purchasing gifts...

- * Gifts for teenagers are especially appreciated!
- * Please don't wrap gifts (wrapping paper & gift bag donations are great).
- To prevent loss, please keep gift card & monetary donations separate.
- Please include a helmet with bike, scooter and skateboard donations.
- If your gift requires batteries, please include them.
- Please provide gift receipts with clothing & shoe donations in case
- exchanges are necessary.
- * CHS cannot accept the following:
 - * Movies & Music w/ Explicit Content
 - * Used Car Seats
 - * Toy Weapons
 - * Used Stuffed Animals





Pi'Racha







Tell Your Friends You're Here!

FOR ANY

SIGNATURE

MY 😥

custom pizza • craft beer





* MUST BE PRESENTED AT TIME OF PURCHASE. NOT VALID WITH OTHER OFFERS.

GET A FREE PIZZA ON YOUR BIRTHDAY AND OTHER SPECIAL OFFERS WITH

MONDAY THROUGH FRIDAY UNTIL 6:00 PM RESTRICTIONS MAY APPLY. NOT VALID WITH OTHER OFFERS.

Sign Up Today! MYPIPIZZA.COM/MY-PI-PERKS-SIGNUP

MYPIPIZZA.COM 🄰 f 🙄 #MYPIPIZZA

3RD FLOOR, OCEAN WALK SHOPPES (NEXT TO PARAGON OCEAN WALK 10)



ESCAPE. INDULGE. RECLINE.

RESERVE YOUR RECLINER AT PARAGONTHEATERS.COM

\$6 TUESDAYS - ALL MOVIES, ALL DAY!*

4 HOURS FREE PARKING WITH TICKET PURCHASE (VALIDATE AT BOX OFFICE)

* HOLIDAYS & 3D MOVIES EXCLUDED. SOME RESTRICTIONS APPLY

enjoy a pizza from my pi with your movie!

3RD FLOOR, OCEAN WALK SHOPPES (250 N. ATLANTIC AVE, DAYTONA BEACH) • 386.238.5252





	W/W	110 million			
 St. Augustine Alligator Farm Zoological Park 999 Anastasia Blvd, Saint Augustine, Florida 32080 Cost: Adult admission \$25.00 Children admission \$10. 	16	23	30	Submit Submit Your Event! To submit an event, send your information by the 10th of the preceding month to: charlie@bradymediainc.com or mail to: 515 Palm Coast Pwy., SW, Ste. 5 Palm Coast, FL 32137	
	15 A Seussified Christmas Carol 5:00 pm Limelight Theatre 11 Old Mission Ave. Saint Augustine, FL 32084 A whimistal reinvention of Dick- most beloved Christmas story in wacky rhymed couplets. This tale of glorious holidays cheer is similar to something Dr. Seuss might have come up with — if he ever had his way with the story!	22	29	To submit an every 10th of 515 Palrie@bra 515 Palrie	
	14	21 Marine Science Center: Turite Tots Turite Tots 12:00 pm Marine Science Center 100 Lighthouse Drive Ponce Inlet Rames, Songs, and Stories for Ages 2-5, accompanied by an dult. Call to pre-reg- ister, Class size limited to 12 children. marinesciencecenter.com (386) 304-5545	58		
	I3	20	27	in the set of the set	
	12	61	26 Winter Holiday Event Admission: \$6.95 Adults, \$1.95 Children age 2-11 Ponce de Leon Inlet Lighthouse 4931 South Peninsula Drive Ponce Inlet, FL 32127 (386) 761-1821 Details Take a break from all the hol- iday hustle and bustle and tallest lighthouse in Florida.	Beach Blast Off 2018 6:00 pm - 10:00 pm 350 A1A Beach Blvd. St. Augustine FL Cost: FREE Kick off 2018 in seaside style at this special St. Augustine Beach event! Voted the Best Family New Year's Event in Florida. Beach Busst Off fea- tures great food, lots of live music, entertainment for the whole family, an exciting Kids' Zone – and fireworks!	
Teddy Bear Picnic 10:00am - 10:30am Linear Park, Palm Coast, FL	11	18	25	New Year's Eve Celebration 6:30 PM to 12:30 PM Admission: \$60 per person 6:01 Star Ballroom 3100 South Ridgewood Ave. Unit 150 South Daytona, FL 32119 386-315-4258 Join Gold Star Ballroom for dancing and a champagre toast on New Year's Eve. Please RSVP by December 22, 2017.	
The Casements 25 Riverside Drive Ormond Beach, FL 32176 (386) 676-3216	10 Car Seat/ Child Passenger Safety Tech 12:00 pm - 5:00 pm The Baby Shoppe 5513 South Williamson Blvd. Port Orange, FL 32128	17	24	31 New Year's Eve in Daytona Beach, FL Daytona Beach, FL New Year's Eve in Daytona Beach is a festive scene at the oceanfront Bandshell and Ocean Walk Shoppes. Live bands and DJs, food vendors, souvenirs, and fir- works. Midnight champagne toasts.	0
110000					1

2017 Holiday Events

Nov. 17th – Dec. 31st Magic of Lights

During this year's holiday season, the "World Center of Racing," the largest lighted sports facility in North America, will transform into a holiday spectacle with the Magic of Lights drive-through holiday lights experience at Daytona International Speedway.

Tickets for the Magic of Lights will be \$25 per car at the gate, \$20 per car in advance. For oversized vehicles such as limousines or 15-passenger vans, tickets will be \$50 per vehicle at the gate and \$40 per vehicle in advance. A special "Dash Pass" ticket that provides frontof-the-line admission will be available for \$40 for cars in advance, \$45 at the gate. For oversize vehicles, the "Dash Pass" is available for \$60 in advance and \$65 at the gate.

Advance tickets are on sale now with special \$17 "Early-Bird" pricing available for cars only. A portion of the proceeds from the Magic of Lights at Daytona International Speedway will benefit the Florida Hospital Foundation.

Nov. 27-Jan. 2 A December to Remember Davtona Beach

Enjoy numerous family friendly activities throughout the holiday season with visits from Santa, a craft village, tribute bands and even a pet weekend.

Daytona Beach Bandshell 70 Boardwalk

www.daytonabeach.com

Nov.15 -Jan. 15

Stetson Mansion Christmas Tours

Visitors will be guided through the 1st and second floors of the home by a knowledgeable tour guide, or maybe even one of the owners, as holiday music from the baby grand player piano wafts in the background. These enchanting tours lead guests through the first two floors which include the 3 main bedrooms, 7 bathrooms and the secret master closet while being fed the history of the mansion, details of the decorations as well as relating the inspiring story of the current owners extensive restoration. Reservations required by visiting. Tickets are \$25 plus tax, children \$15, age 5 and under free.

www.stetsonmansion.com/christmas-tours

Nov. 11th – Dec 25th Visit Santa in Center Court through Christmas Eve

The Volusia Mall welcomes Santa! Santa arrives November 8th at 10am, his visiting schedule will be: Monday - Saturday: 10am to 9pm, Sunday: Noon to 6pm, Christmas Eve: 10am to 6pm, Santa takes a break to feed his reindeer: Monday - Saturday: 1pm -2pm, 5pm-6pm Sunday & Christmas Eve: 3pm-4pm. Skip the lines and get fastpass!

http://www.volusiamall.net/holiday

Nov. 11th

Santa Arrival and PJ Party 9:00 am 11:00 am

Enjoy Storytime with Santa, musical entertainment, dance performances by the Kinetic Expressions Dance Studio (K.E.D.A), balloon animals, face painting, cookies, and more! Plus, each child that attends wearing the pajamas will receive a special gift! You won't want to miss all the fun! Volusia Mall, 1700 W Int'l Speedway Blvd. Daytona Beach, FL 32114

Dec. 1

Downtown DeLand Merchant Holiday Open House, DeLand

6:00 pm – 9:00 pm

Downtown DeLand restaurants and shops will offer holiday discounts and discounts. Santa will be available for pictures in Pioneer Park and carolers will be singing holiday tunes along Woodland Boulevard.

www.mainstreetdeland.org

Dec. 1

Palm Coast Holiday Tree Lighting Ceremony 6:30 pm – 9 :00 pm

The official tree lighting ceremony and a visit to the Flagler County Rotary's annual Fantasy Lights display.

Central Park in Town Center

975 Central Avenue, Palm Coast, FL 32137 More information at 386-986-2323

www.palmcoastgov.com/events/tree-lighting

Dec. 1

Holly Hill Tree Lighting Ceremony 7:00 pm – 8:30 pm

Come and Join your neighbors for the City of Holly Hill Annual Christmas Tree Lighting Ceremony at City Hall.

1065 Ridgewood Ave., Holly Hill. For more information please call 386-248-9420.

Dec. 1st, 2nd, 3rd "The Casements Country Christmas"

Enjoy the gift shop, gourmet shoppe, handmade crafts, treasure trove, tree lighting Santa and Mrs. Claus, train rides, face painting, ice cream sundaes.

Evening Event 6-8 p.m.

Saturday and Sunday, Holiday Teas at 12:30 and 3 p.m. Tickets are \$5.00 which are good for all days; children 12 and under are free.

Please call 673-5312 for Special Event Tickets.

Dec. 2nd

Daytona Beach Christmas Boat Parade Daytona Beach

Starts at the Seabreeze Bridge at 6 p.m. and travels south past Main Street, International Speedway Boulevard, past City Island Park and Silver Beach Bridge before passing by judging grandstands at Halifax River Yacht Club. Several viewing locations are along the Halifax River, but the north side of the yacht club channel, the fishing pier on the channel leading to Halifax River Marina, and dockside of the Chart House Restaurant at the entrance to the Daytona Marina and Boat Works are the best. Free.

www.daytonabeachchristmasboatparade.com

Dec. 2nd

New Smyrna Beach Christmas Parade

New Smyrna Beach

The theme for this year's annual parade is "A Riverfront Christmas." The parade gets under way at 4 p.m. with floats, traditional marching bands, dance teams and, of course, Santa. It will travel west along Flagler Avenue and the North Causeway, south on Riverside Drive and will turn west on Canal Street and will end at Orange Street. **www.nsbfla.com**

Dec. 2nd

Jaycee's Christmas Parade

DeLand

Bringing Christmas to Deland Since 1948, this year's 69th annual Christmas parade. 5:30 p.m. The parade runs South on Woodland Blvd to Hubbard Ave.

www.delandchristmasparade.org

Dec. 2nd

63rd Annual St. Augustine Christmas Parade St Augustine

St. Augustine's Annual Christmas Parade is one of the largest in North Florida and includes floats, marching bands, cars, horses, and the arrival of Santa. The parade starts promptly at 10 a.m. by the Mission of Nombre de Dios, continues through the downtown streets of historic St. Augustine and ends behind the Visitors Center on Castillo Dr.

904-824-4997

Dec. 2nd & 3rd

The Nutcracker presented by Civic

Ballet of Volusia County

This annual classic ballet is being performed at the Peabody Auditorium, 600 Auditorium Blvd., Daytona Beach. Advance ticket purchase required at Peabody Box Office. Performance tickets also online at ticketmaster.com or by phone 800-745-3000. More information can be found at **www.civicballetvc.com**.

Dec. 3rd

Port Orange Christmas Parade Port Orange

2:00 pm – 4:00 pm

The free parade will consist of bands and floats and begins at Dunlawton Avenue and Jackson Street, proceeding east to Lafayette Street. Contact the Parks and Recreation Department at 386-506-5851.

www.pschamber.com

Dec. 8th – 10th & 15th – 17th Walk Through Bethlehem

There are some wonderful new changes for this year that will make it a fresh experience for returning guests, and a wonderful new experience for first time guests. This is a free event. It is our gift to the community. As we get closer to the event there will be more updates, but you may always contact us for more information at 386-760-4806 or visit **www.crbible.com**.

Dec. 9th

Palm Coast Starlight Holiday Parade & Event 4:00 pm – 9:00 pm

Celebrate the holiday season with your friends and neighbors at the City of Palm Coast's Starlight Event & Parade, scheduled for Saturday, Dec. 9th, in the afternoon and evening, in Central Park in Town Center, 975 Central Ave. The fun begins with the Starlight Event from 4-6 p.m. - featuring games, pictures with Santa, and refreshments available for purchase. Entertainment is provided all afternoon by local and regional performers. At 7 p.m., the Starlight Parade will get under way, featuring colorful lighted floats, marching bands and other entries. Prizes are awarded for the top entries.

Dec. 9th

Deland Christmas Boat Parade

Starts in Lake Beresford at 6pm. A Floating Festival of Lights. Registration required, awards & cash prizes.

For additional info: email **delandchristmasboatparade@yahoo.com** or call 386-717-6297

Dec. 9th

St Augustine Holiday Regatta of Lights Boat Parade

6:00 pm

A holiday parade of boats including sailboats, trawlers, shrimp boats, and many other vessels featuring brilliant lighted displays ranging from patriotic to whimsical will light up St. Augustine's Matanzas Bay between the Bridge of Lions and Castillo de San Marcos. Awards will be made for the best theme, most colorful, best in class, and best overall. The Regatta of Lights is sponsored by the St. Augustine Yacht Club. For more information, call 904.824.9725 or visit http://www.staugustineyachtclub.com/.

Dec. 16th & 17th

St. Augustine Ballet presents The Nutcracker 1:30 pm and 7:00 pm

Saint Augustine Ballet strives to involve community members of all ages in meaningful dance experiences, whether as a participating dancer or audience member. Our annual production of The Nutcracker includes a cast of over 100 participants that includes student dancers, adult celebrities, and professional dancers. Lewis Auditorium at Flagler College, 14 Granada St. St. Augustine.

www.saintaugustineballet.com

Dec. 31st

St. Augustine Beach 'Beach Blast Off' 2017 4:00 pm – 7:00 pm

Ring in the new year St Augustine style. Spectacular Fireworks, Kids Zone, Face Painting, Live Music, and over 30 Food Vendors! 350 A1A Beach Blvd., St. Augustine, FL 32080. More info at **www.beachblastoff.com**.

OUT AND ABOUT FOR THE HOLIDAYS? CHECK OUT THESE OUT OF TOWN EVENTS...

Nov. 18th -Jan. 6th

Universal Orlando Holiday Events, Orlando

Christmas in The Wizarding World of Harry Potter, which will feature themed decorations and lighting, holiday-themed food and performances by the Frog Choir and Celestina Warbeck and the Banshees. At night, projection mapping and lighting will wrap Hogwarts castle. Holiday Parade featuring Macy's, featuring more than a dozen balloons and 15 floats with characters from films like "Despicable Me," "Madagascar" and "Shrek" as well as Santa Claus. Grinchmas at Seuss Landing with the "Grinchmas Who-liday Spectacular" and extra-cose breakfast with the Grinch and friends. Mannheim Steamroller **www.UniversalOrlando.com/holidays**

Nov. 19th -Dec. 30th Epcot International Festival of the Holidays

Orlando

This Epcot tradition showcases holiday traditions from around the world including music, costumes and cuisine. Children will enjoy helping Chip and Dale gather ornaments, gospel lovers can take in daily performances at the World Fountain Stage and everyone will be thrilled by IllumiNations fireworks, laser and waterworks shows. The annual Candlelight Processional, includes celebrity guest narrators, such as Whoopi Goldberg, Pat Sajak and others accompanied by a massed choir and orchestra for a retelling of the Christmas story. Daily tickets begin at \$99.00. 407-9395277. www.disneyworld.disney.go.com/eventstours/epcot/holiday-festival

Nov. 20th -Jan. 1st Space Coast Light Fest, Melbourne

This annual event is a holiday themed drivethrough featuring shimmering lights and dazzling animated displays drawing more than 15,000 vehicles each year. 6:30-10 p.m. Car \$15, Walkers, Hayride \$5. 2 and under free, 2500 Parkway Drive. 321-576-7556.

www.spacecoastlightfest.com

Nov. 21st -Jan. 7th ICE! at Gaylord Palms Resort, Kissimmee

With more than two million pounds of carved ice, ICE! is back. Kept at 9 degrees Fahrenheit, you'll see hand-carved ice sculptures, ice slides, live ice carving and a celebration of holidays from various cultures. Check website for prices. Gaylord Palms, 6000 W. Osceola Parkway. 407-586-4423.

www.christmasatgaylordpalms.com

Nov. 25th -Dec. 30th Snowing Nightly, Celebration

Celebration Town Center hosts nightly snow falls at 6, 7, 8 and 9 p.m., along with photos with Santa, local talent shows, an ice rink, horsedrawn carriage and train rides. 407-566-4007. www.celebrationtowncenter.com

Nov. 28th -Jan. 8th

The Christmas at Bok Tower Gardens Holiday Home Tour, Lake Wales

Bok Tower Gardens is ready for the holidays! The Christmas at Bok Tower Gardens Holiday Home Tour showcases the 20-room Mediterranean-style mansion at Pinewood Estate. Holiday Home Tour hours are from 10 a.m. to 5 p.m. Monday to Saturday and from noon to 5 p.m. on Sunday. Events include a family holiday hunt, symphony performances, food and talks with authors Heather McPherson, Pam Brandon and Katie Farmand. Advance tickets are \$25/adults; \$10/children ages 5-12. Children under 5 free.

1151 Tower Boulevard

www.boktowergardens.org/Christmas

Dec. 1st

Christmas in the Square, Sanford

The City of Sanford celebration will include live entertainment, a visit with Santa, tree lighting ceremony, face painting and balloon artists. 6 p.m. to 8 p.m. Free. Magnolia Square, 200 S. Magnolia Ave., Sanford, 32771. 407-688-5120 option 6. www.sanfordfl.gov

Dec. 1st

Central Florida Winter Festival, Eustis

This inaugural family friendly event will feature art by a local artist, LuLaRoe consultants, food trucks, bounce houses, face painting, jewelry vendors, and make up vendors. 11 a.m. to 4 p.m. Meet & Greet with Elsa & Anna from Frozen from 12 p.m. to -3p.m. General Admission (13+) \$10 Children 12 & under are free. Lake County-Fairgrounds, 2101 County Road 452.

feature

MARVEL UNIVERSE LIVE!

ANNOUNCES THE NEW SHOW, AGE OF HEROES, FEATURING GUARDIANS OF THE GALAXY AND MORE THAN 20 FAVORITE MARVEL SUPER HEROES AND VILLAINS!

Super hero action, thrills and drama will soar, smash and burst into arenas across the country with the debut of Marvel Universe LIVE! Age of Heroes. The iconic Marvel Super Heroes - Spider-Man and The Avengers are joined by the Guardians of the Galaxy, including Star-Lord, Gamora, Groot, Rocket and Drax, in a legendary battle to defend the universe from evil. The newest production from Feld Entertainment. the world's leading producer of live touring family entertainment, will make its appearance in Jacksonville at Veterans Memorial Arena on January 19th through the 21st, 2018. Tickets go on sale to the general public on Tuesday, November, 7th.

Early access to the best tickets are available to Feld Entertainment Inc. and JaxEvents.com preferred members. Sign up to receive the very first opportunities to purchase at Feld Entertainment.com or JaxEvents.com. Pre sales to begin as early as Tuesday, October 24, 2017.

"Our tremendously talented creative team and a nearly super human cast, have created a show that brings the grandeur of Marvel to life," said Juliette Feld, producer of

Marvel Universe LIVE!

"Age of Heroes creates an experience that immerses families in non-stop action, creating movie-style thrills and jaw-dropping stunts that showcase the powers of your favorite Super Heroes right before your eyes."

Called on by Doctor Strange, the Guardians of the Galaxy join Marvel Universe LIVE! Age of Heroes on a momentous crusade against the scheming Nebula who teams up with the conniving and loathsome villains Loki and Green Goblin. The incredible superhuman forces of Iron Man, Thor, Black Panther, Hulk and Black Widow will unite in clashes that pit student against mentor, sister against sister and brother against brother.

Immersive video projection and cutting-edge special effects will captivate and transport audiences across the universe from the fantastical Savage Land to New York City and beyond. Spider-Man and Wasp's dynamic aerial stunts along with Captain America's daring motorcycle skills will be on display in the ultimate race against time to save mankind.

"I'm extremely excited to work on Marvel

Universe LIVE! Age of Heroes and bring the talents and powers of these amazing characters with such dimensionality to life," said Marvel's chief creative officer, Joe Quesada. "Audiences will be on the edge of their seats as they witness the outrageous stunts and fight sequences in truly a unique experience that puts fans at the center of the action."

Epic Marvel Super Hero Experience

Coming to Jacksonville

January 19 - 21, 2018

Tickets on Sale: Tuesday,

November 7, 2017

Marvel Universe LIVE! Age of Heroes will travel throughout North America on a multiyear tour, including stops in Atlanta, Dallas, Miami and New York. After North America, the show will embark on an international tour in 2019. For a complete list of North American tour dates, locations and to purchase tickets, please visit the Marvel Universe LIVE! website. Stay current on the latest developments and tour dates nearest you by following us on Facebook, Twitter, Instagram and YouTube — @MarvelOnTour

Members of the media should visit www.feldmediaguides.com/ageofheroes for more information.



Christmas Tree Lighting Ceremony

Friday, December 1, 2017 • 6:30PM City Hall, 1672 S. Ridgewood Ave.

Holiday Entertainment

Lighting of the Tree, Santa, Mayor's Holiday Address, Light Refreshments, Children's Art, Crafts Projects & More!

This is a FREE Event!

For More Information Call South Daytona Parks & Recreation 322-3070



Let Us Create A Buzz About Your Business!

The Marketing 2 Go team has a plan to customize your budget, your advertising message, and create a **strategic advertising** and promotions campaign

so that you are maximizing your advertising dollars!



- **Social Media Experts**
- Public Relations
- e-Newsletters
- Advertising
- Web Design & SEO
- Graphic Design
- Marketing Materials
- Special Events





Thanksgiving Break Camps 2017

Ace Gymnastics

Thanksgiving Day Camp Day camp filled with gymnastics, fun and friends. Hours / Days: Thurs., Nov. 22 8:30am-6:00pm Grades/Ages: ages 5-12 Cost: \$55 for the day + reg fee 4431 Eastport Pkwy, Port Orange, Fl 32127 Phone: 386-760-1445

www.acegymnasticsdaytona.com

City of Palm Coast Fall Fun Camp

Your child's day will be filled with a variety of age appropriate fun-filled themed activities such as arts and crafts, stories, recreational games, nature hikes, Campers must bring their own lunch and snack each day. Registration Deadline: 48 hours prior to start date

Hours / Days: Nov. 20-22/7:30am – 4:30pm (extended care 4:30-6pm) Grades/Ages: K-6 (currently enrolled) Cost: \$25 per day (extended care Frieda Zamba Swimming Pool 339 Parkview Drive, Palm Coast, FL 32164 Phone: 386-986-2323

www.palmcoastgov.com/camps

Academy of Martial Arts Thanksgiving Camp

Weeks Offered: Nov 22nd Hours/ Days: 7:30 am – 5:45 pm Grades/Ages: 7-12 615 Yonge Street, Ormond Beach 32174 Phone: 386-677-6811

www.amafl.com

1973 S Ridgewood Ave, South Daytona, 32129 Phone: 386-310-7964 www.amafl.com

Winter Holiday Camp 2017

Volusia County

Ace Gymnastics Winter Day Camp

Day camp filled with fun, friends and gymnastics! Weeks Offered: Dec 21-22 & Dec 27-Jan5 Hours/ Days: 8:30a-6:00p Grades/Ages: ages 5-12 Cost: \$55/1 day, \$70/2 days, \$100/3 days, \$130/4 days, \$155/5 days + reg. 4431 Eastport Parkway, Port Orange, FL 32127 Phone: 386-760-1445 www.acegymnasticsdaytona.com

Winter Holiday Camp 2017 Volusia County

Academy of Marital Arts Winter Camp

Weeks Offered: Dec 21st & Dec 22nd, Dec 26-29th, Jan 2nd to Jan 5th Hours/ Days: 7:30 am – 5:45 pm Grades/Ages: 7-12 615 Yonge Street, Ormond Beach 32174 Phone: 386-677-6811 www.amafl.com

1973 S Ridgewood Ave, South Daytona, 32129 Phone: 386-310-7964 www.amafl.com

2017 Holiday Basketball Camp

The Holiday Basketball Camp hosted by Embry-Riddle University's men's basketball program is a 3 day opportunity to learn the fundamental skills of the game in a positive learning environment. Campers will be given the chance to compete in many different shooting and game like competitions while learning skills from members of the ERAU Coaching staff and current players in the Eagle basketball program. The camp is designed for players of all different skill sets. It is a great opportunity for all kids with an interest in the game of basketball to improve and learn some valuable life lessons along the way. Weeks Offered: December 21-23, 2017 Hours/ Days:9 a.m. - 3 p.m Grades/Ages: Boys and Girls Ages 6-14 Cost: \$120 / \$40 per day Embry-Riddle University / ICI Center 600 S. Clyde Morris Blvd., Daytona Beach, FL 32114 Phone: 386-323-5007

erauathletics.com

Embry-Riddle Holiday Tennis Camp

For novice to advanced players. Lunch provided. Each camper gets a T-shirt, water bottle & prizes awarded. Need-based scholarships are available for those whoe qualify (K-8).

Hours/Days: December 21st & 22nd Thursday & Friday 9AM - 4PM Grades/Ages: K-12/Ages 5-18 Cost: \$120

Address: 600 S. Clyde Morris Blvd., Daytona Beach, FL 32114

Phone: 386-366-2556 or 386-323-5009 **Web**: embryriddlesports.com

FWC Saltwater Fishing Camps

Students in this camp will learn about ethical angling, fisheries conservation, rods and reels, knot tying, casting, tackle, and fish morphology. All equipment is provided through our partnership with Florida Fish and Wildlife Conservation Commission. Weeks Offered: Jan 18th

Hours/ Days: 8:30 am – 3:00 pm Grades/Ages: 8-12 Cost: \$40 520 Barracuda Blvd., New Smyrna Beach, FL 32169 Phone: 386-428-4828

www.marinediscoverycenter.org/education/camps-kids/school-year-camps/

Holiday Adventure Camps Marine Discovery Center

Our School Holiday Camps include activities such as fishing, kayaking, arts and crafts, science experiments, and marsh exploration.

Weeks Offered: Dec 27th – 29th & Jan 3rd – 5th Hours/ Days: 8:30 am – 3:00 pm

Grades/Ages: 5-10

Cost: \$110 / \$175

520 Barracuda Blvd., New Smyrna Beach, FL 32169 Phone: 386-428-4828

www.marinediscoverycenter.org/education/camps-kids/school-year-camps/

Kindercare Learning Center School Holiday Camps

Weeks Offered: Dec 21st & Dec 22nd, Dec 26-29th, Jan 2nd to Jan 5th Hours/ Days: 6:30AM to 6:00PM, M-F Grades/Ages: 6 Weeks to 12 Year-Olds Cost: varies on age 1320 Beville Rd., Daytona Beach FL 32114 Phone: (386) 252-7193

www.kindercare.com

The Little Gym of Port Orange

Designed for children 3-8 years of age, each day of camp involves a fun, creative storyline that will incorporate opportunities for the kids to exercise their muscles, their imaginations and cooperation skills – working together to complete each Quest! Weeks Offered: December 21 – 23, December 28 - 31 Hours: 10:00 am – 1:00 pm

Grades/Ages: 3-8 4645 S Clyde Morris Blvd., Port Orange, FL Phone: (386) 304-1401 www.tlgportorangefl.com

Volusia County Parks & Recreation

This is a fun alternative for youths during their holiday break. Trips include roller skating, movie and bowling. Weeks Offered: Dec 21 - 23 and 28 - 30 Grades/Ages: 6-12 Address: Various Locations throughout the county West Volusia: 386-736-5953 Daytona Beach: 386-257-6000, ext. 15953 New Smyrna Beach: (386) 423-3300, ext. 15953 www.volusia.org/services/communi-

ty-services/parks-recreation-and-culture/recreational.stml

Winter Wonderful Camp Volusia/Flagler YMCA

Kids at our Winter Camp will enjoy activities like crafts, games and more. Please pack a lunch, water bottle, and snack Weeks Offered: Dec 21st – Jan 5th Hours/ Days: Visit your local branch for details. Grades/Ages: 5-12

Cost: \$40 reg. fee, \$34 Members, \$40 Program Participants.

For more information or to register for Winter Camp please visit the membership desk at one of our local Ys or contact your local family YMCA below:

DeLand Family YMCA

761 E. International Speedway Blvd. DeLand, FL 32724 For more information: Contact Safiya Omar at somar@vfymca.org or call (386) 736-6000

Four Townes Family YMCA

280 Wolf Pack Run Deltona, FL 32725 (386) 532-9622 For more information: Contact Liz Kammer at Ikammer@vfymca.org or call (386) 532-9622

Ormond Beach Family YMCA

500 Sterthaus Drive Ormond Beach, FL 32174 (Only 16 miles from Flagler) For more information: Contact Katrina Raines at kraines@vfymca.org or call (386) 673-9622

Port Orange Family YMCA

4701 City Center Parkway Port Orange, FL 32129 For more information: Contact Diana Martin at dmartin@vfymca.org or call (386) 760-9622

Southeast Volusia Family YMCA

148 West Turgot Avenue Edgewater, FL 32132 For more information: Contact Marissa McCardel at mmccardel@ vfymca.org or call (386) 409-9622

Christmas Camp – YMCA Camp Winona

This is a wonderful opportunity for parents to get last minute Christmas shopping done while their kids are having holiday fun! Weeks Offered: Dec 8th – 10th Hours/ Days: Visit your local branch for details. Grades/Ages: 6-16 Cost: \$95 **campwinona.org** Phone: 386-985-4544

Flagler County

City of Palm Coast Jack Frostivities

Your child's day will be filled with a variety of age appropriate fun-filled themed activities such as arts and crafts, stories, recreational games, nature hikes. Campers must bring their own lunch and snack each day. Registration Deadline: 48 hours prior to start date Weeks Offered: Week 1: Wed. - Fri. Dec. 27-29, Week 2: Tues. - Fri. Jan. 2-5 Hours/ Days: 7:30am-4:30pm (extended care 4:30-6pm) Grades/Ages: K-6 (currently enrolled) Cost: \$25 per day (extended care hours \$10) Frieda Zamba Swimming Pool classroom 339 Parkview Drive, Palm Coast, FL 32164 Phone: 386-986-2323

www.palmcoastgov.com/camps



St Johns County

2017 Flagler College Baseball Camp

The purpose of our showcase is to expose high school players to the commitment and talent it takes to play at the college level. Players skills will be evaluated not only by our staff, but by coaches from NCAA division I & II programs as well as staff from community college. Weeks Offered: December 27th – 30th, 2017

Hours/ Days: 9:00 a.m. – 4:00 p.m Grades/Ages: Boys and Girls Ages 15-18 Cost: per day 1960 US1 South, PMB 56 St. Augustine, FL 32086 Email: dbarnett@firstcitybaseball.com

http://firstcitybaseball.com/?product=4

Ponte Vedra Ballet & Dance Company

& Spice Holiday Day Camp Weeks Offered: December 21, 22, 23 886 A1A North, Ponte Vedra Beach, FL. Phone: 904-859-2223 www.fusionperformingartsacademy.com/

Tour Academy Winter Junior Golf Camp

This holiday season, give your aspiring junior golfer the chance to learn from the country's top instructors, and experience a day in the life similar to a touring professional. TOUR Academy Winter Junior Golf Camps offer a variety of programs for boys and girls of all abilities, with the Full-Day and Half-Day Camps. The Full- and Half-Day camps are geared toward all skill levels and focus primarily on skills such as putting, chipping, bunker play, and full swing.

Weeks Offered: Dec 27-29, 2017 & Jan 1-3, 2018 Hours/ Days: 9:00 am – 4:00 pm Full Day, 9:00 am – 1:00 pm Half Day Grades/Ages: 9-17 Cost: \$325 / \$175 Address: World Golf Village, St Augustine Phone: 877-611-1911 email: juniorcamps@touracademy.com

www.pgatourexperiences.com/tour-acad-

emies/junior-golf-camps/winter-camps/

Cultural Center at Ponte Vedra Beach

Spend the day or the entire holiday break creating original art work with our talented arts instructors. December 27-29, 2017 and January 2-5, 2018 Hours: 9:00am - 2:00pm Age: 4 - 8 and 9 -14 Cost: \$40 50 Executive Way, Ponte Vedra Beach, FL, 32082 (904) 280-0614 ext. 204

Happy Acres Ranch Winter Break Camp

Love Summer Camp, but it's not summer? Join us for Winter Camp! Horseback riding, archery, fishing, sports, block play, cooking, art and crafts December 26 - January 6, 2017 Hours: 6:15am - 6:00pm Age: Kindergarten and up \$40 daily; \$165 weekly 7117 Crane Ave, Jacksonville, FL, 32216 (904) 725-1410

St. Augustine Lighthouse & Museum Weeks Offered: December 21 - 23 Hours/ Days: 9:00 am – 1:00 pm

www.staugustinelighthouse.org/





REEL LIFE with ane by Jane Louise Boursaw

MOVIES FOR KIDS & TEENS DECEMBER 2017

STAR WARS: THE LAST JEDI

Not vet rated: likely PG-13. In Theaters 12/15 (2D, IMAX). Ok for kids 13+. .



The newest Star Wars movie picks up right after 2015's "Star Wars: The Force Awakens." Rey (Daisy Ridley) is developing her newly discovered abilities with the guidance of Luke Skywalker (Mark Hamill), who is unsettled by the strength of her powers. Meanwhile, the Resistance prepares to do battle with the First Order. Rian Johnson directs this movie, which also stars John Boyega as Finn, Adam Driver as Kylo Ren, Oscar Isaac as Poe Dameron and Carrie Fisher as General Leia Organa (her last movie before passing away in 2016).

FERDINAND

Rated PG for rude humor, action and some thematic elements. In theaters 12/15. Ok for kids 6+. .



"Ferdinand" tells the story of a giant bull with a big heart. After being mistaken for a dangerous beast, he is captured and torn from his home. Determined to return to his family, he rallies a misfit team on the ultimate adventure. Set in Spain, Ferdinand proves you can't judge a bull by its cover. From Blue Sky Studios and "Rio" director Carlos Saldanha, this movie is inspired by the beloved book "The Story of Ferdinand" by Munro Leaf and Robert Lawson. The heartwarming animated comedy features an all-star cast, including John Cena, Kate McKinnon, Gina Rodriguez, Anthony Anderson and Nick Jonas.

LAST CALL PITCHES

Rated PG-13 for crude and sexual content, language and some action. In theaters 12/22. Ok for kids 13+.



Now graduated from college and out in the real world where it takes more than a cappella to get by, the Bellas return in "Pitch Perfect 3," the next chapter in the beloved series that has taken in more than \$400 million at the global box office. After the highs of winning the World Championships, the Bellas find themselves split apart and discovering there aren't job prospects for making music with your mouth. But when they get the chance to reunite for an overseas USO tour, this group of awesome nerds will come together to make some music - and some questionable decisions - one last time.

40 DECEMBER 2017

JANE'S REEL RATING SYSTEM

One Reel – Even the Force can't save it.

Two Reels – Coulda been a contender

Three Reels – Something to talk about.

Four Reels – You want the truth? Great flick!

Five Reels – Wow! The stuff dreams are made of.

JUST GETTING STARTED

Rated PG-13 for language, suggestive material and brief violence. In Theaters 12/8. Ok for kids 13.



In this fun comedy, Duke (Morgan Freeman) is the freewheeling manager of a luxury Palm Springs retirement resort known as Villa Capri. It's Christmas in the desert. and living is easy for Duke - his days are spent golfing, playing poker with pals, and entertaining his pick of the lovely single ladies. Duke's the big man on campus, until charming former military man Leo (Tommy Lee Jones) arrives and threatens to become the new alpha male. When regional director Suzie (Rene Russo) shows up to look into some improper finances, both men turn on the charm to assert their status as top dog. But what starts as a friendly rivalry to date Suzie turns serious when men from Duke's past come back to haunt him, kidnapping Suzie in the process. Putting their rivalry aside, can Duke and Leo come together to rescue Suzie, stop whoever is trying to kill Duke, and save Christmas at Villa Capri?

JUMANJI: WELCOME TO THE JUNGLE

Rated PG-13 for adventure action, suggestive content and some language. In Theaters 12/20. Ok for kids 13+.

Reel Preview:



In this brand new adventure, the tables are turned as four teenagers in detention are sucked into the world of Jumanji. When they discover an old video game console with a game they've never heard of, they are immediately thrust into the game's jungle setting and into the bodies of their avatars, played by Dwayne Johnson, Jack Black, Kevin Hart, and Karen Gillan. What they discover is that you don't just play Jumanji - Jumanji plays you. They'll have to go on the most dangerous adventure of their lives, or they'll be stuck in the game forever. Directed by Jake Kasdan, this movie also stars Nick Jonas, Alex Wolff and Rhys Darby.

THE GREATEST SHOWMAN

Rated PG for thematic elements, including a brawl. In Theaters 12/20. Ok for kids 8+.



Inspired by the imagination of P.T. Barnum, "The Greatest Showman" is an original musical that celebrates the birth of show business and tells the story of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. Directed by Michael Gracey, this movie stars Hugh Jackman, Michelle Williams, Zac Efron, Zendaya Coleman and Rebecca Ferguson.

COMING IN 2018

You're the **Expert**!

Join us next year in our "Ask an Expert" columns.

In 2018, your expertise can be featured in your own column. Chose one, two or all three markets in; Volusia, Flagler or St Johns Parent Magazines. This program includes a 1/2pg ad and a monthly column with exclusivity for a six month period. See the list of categories below, if you're an expert in one of these fields, we want to hear from you! Remember, this is category exclusive, so once it has

been selected it will be off the market for 6 months. Call me today for more information and how to sign up!

2018 Ask An Expert Columns

Pediatrician • Pediatric Dentist Ophthalmology / Optometry OB/GYN Practice • Fertility

Chiropractic Care • Veterinarian

Insurance • Financial Planning

Real Estate • Technology • Banking

If you don't see your category and think you have a great column idea, give us a call!



To advertise in this section call 386-547-0161 or email: sales@bradymediainc.com

feature

Christmas All Around the World

Christmas is a holiday celebrated all around the world. The religious significance of the holiday is the celebration of the birth of Jesus, while the secular festivities involve a gift-giving character who brings presents and treats to good children. Holiday customs include decorations, music, and specialty foods. Let's take a look at some of the most interesting ways Christmas is celebrated all around the world.



Sweden

In Sweden St. Lucia's day is celebrated on December 13th. St. Lucia was a Christian martyr from 304 AD known for secretly taking food to persecuted Christians in the catacombs of Rome. Today young girls dress in white dresses with a red sash, and wear a crown of lights to help Lucia find her way. Special Lucia Day buns called Lussekatts are served. Then on Christmas Eve a huge buffet known as julbord is eaten in courses. It begins with cold fish dishes and moves to cold meats, warm meat dishes and desserts. Glogg, a sweet mulled wine, and coffee are favorite drinks. Homes are decorated with straw to remind everyone that Jesus was born in a manger. Gifts are brought by small gnomes called jultomten.

India

In India Christmas is celebrated on December 25th with church services for believers. A midnight service is very popular. People of all faiths decorate their homes and gardens with star-shaped paper lanterns and some set up nativity scenes. Father Christmas is the one who brings presents to children from a horse and cart. Special Christmas cakes and sweets such as newries and kulkuls are baked and open houses abound.





Hong Kong

In Hong Kong Christians celebrate Christmas with homemade cards bearing original artwork. The scenes show the Holy family in Chinese settings. Poinsettias and nativity scenes are used for decorations. The Chinese alphabet is put on streamers and paper chains hang everywhere. Santa Claus is known as Lan Khong or Dun Che Lao Ren.

Madagascar

In Madagascar, an island off the east coast of Africa, it is very warm at Christmas time. Still decorations include holly and "snow" though neither exist there. Santa is known as Dadabe Noely and only small gifts are exchanged. On Christmas day people everywhere, even strangers, greet one another with "Arahaba tratry ny Noely" which means Merry Christmas and then go to their families to eat dinners of chicken or pork with rice and a special cake. Another favorite Christmas food is the lychee, a fruit which is peeled and eaten with great enjoyment.





New Zealand

In New Zealand Christmas also falls in the hot summer months. Families are often celebrating their summer holidays by camping or staying at the beach. There are parades and Christmas trees. The Christmas meal is barbecued meats or seafood. Desserts such as hot fruit pudding or meringues are served. Pavlova is a favorite dessert. Presents are opened on Christmas day before the special lunch.



Russia

In Russia Christmas is celebrated by the Orthodox Church. Once banned by the communist regime, Christmas is again celebrated with special church services, and wonderful meat and cabbage pies called pirogi and meat dumplings known as pelmeni. A porridge, kutya, is served along with honey and poppy seeds to bring happiness, success and peace. Children carry a star and go house to house in the cold winter snows singing carols and receiving sweets.



Zimbabwe

In Zimbabwe Christmas day, known as Kisimusi begins with a church service. Then people visit all of their friends and family, and eat and exchange gifts all day long. Favorite meals are chicken with rice which is a special treat. Often large speakers are put into the streets and music is played loudly. People wear their best clothes and homes are decorated with ivy draped around the top of the rooms. Christmas cards may have wild animals on them and small gifts are given to children on Christmas morning.



Ethiopia

In Ethiopia Christmas is celebrated by the Orthodox Church. It is held on January 7th, and called Ganna. People fast on January 6th then on the morning of the 7th they wear a traditional garment called a shamma. It is a thin white cotton toga-like outfit. The shamma is worn to a special service held in the circle-shaped church. Candles are held in a procession and communion is taken. At the time of Ganna men and boys play a game similar to hockey also known as ganna. Special foods eaten at this time of year are meat and vegetables called wat and flatbread known as injera. Children usually receive gifts of clothing.



Wales

In Wales carol singing is the highlight of the festivities. Carolers sing at dawn of Christmas morning and are invited in for snacks. Taffy-making is also a favorite family activity. There is a prize for the best new Christmas carol written that year and it is added to the list of carols sung in future Christmas celebrations.

Recipes for Christmas Dinners!

Swedish St. Lucia Buns

Ingredients

1 cup milk 1/4 t. saffron 1/2 cup butter 4 1/2 cups flour 1 T. yeast granules 1/2 cup potato flour or flakes 1 1/2 t. salt 1/3 cup sugar 3 large eggs (one separated) 1 t. vanilla

Glaze

1 egg white + 1 T. water Pearl sugar Sultana raisins (golden)

In a saucepan heat the milk and saffron. Remove from heat and add butter. Cool to lukewarm. In a bowl whisk yeast, flours, salt and sugar. Separate one egg and save the white. Pour milk over the dry ingredients, add two eggs plus the extra yolk. Mix well and knead until smoothe. Allow to rise one hour, deflate and cut into twelve pieces. Form dough into S shapes and let rise another 30 minutes. Apply glaze and bake at 375 degrees for 18-20 minutes.





New Zealand Pavlova Ingredients

4 egg whites 1/8 t. cream of tartar 1 cup superfine sugar (or granulated that is made fine in food processor) 1 T. cornstarch 1 t. vanilla 1 cup sliced fruit (kiwi and/or berries) 1 ½ cup sweetened whipped cream ¼ cup miniature chocolate chips of other small candies

Heat oven to 400 degrees. Line baking pan with parchment paper. Sprinkle cream of tartar over egg whites and beat until stiff. Whisk cornstarch and sugar. Combine two mixtures and fold in vanilla. Form mounds of meringue about 6" in diameter. Reduce heat in oven to 200 degrees and bake one hour. Turn oven off leaving meringue inside to cool. When cooled, fill each mound with whipped cream and top with fruit and candies.

Indian Newries

This sweet treat is a favorite during the Christmas season in India.

Ingredients

Dough 41/2 cups flour 3 T. butter (ghee) 1/1/2 cups milk Filling 1 ¾ cup semolina flour (coarse rice or wheat flour) 7/8 cup sugar ¼ cup raisins ¼ cup chopped cashews 3 cardamons 1 t. cinnamon 1 T. butter (ghee)

Combine flour, butter and milk into a stiff dough. Refrigerate. Gently cook raisins and nuts in a small amount of butter and set aside. Use rest of butter to gently fry semolina until light brown. Add sugar and spices, add raisins and nuts. Mix. Roll out small pieces of dough into 2 inch rounds. Place a T. of filling in the middle, fold and seal the edges of the dough. Heat oil and fry until golden brown.



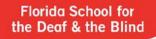




RESERVE YOUR LUXURY ELECTRIC LEATHER RECLINER AT PARAGONTHEATERS.COM \$6 TUESDAYS – ALL MOVIES, ALL DAY! • 4 HOURS FREE PARKING* WITH TICKET PURCHASE *Validate at Box office

3RD FLOOR, OCEAN WALK SHOPPES (250 N. ATLANTIC AVE, DAYTONA BEACH)







Providing Free, High-Quality Education for children who are deaf/hard of hearing or blind/visually impaired throughout the state of Florida.



feature



Happy Family, Happy Life Learn eight simple secrets of happy families

Happiness can vary depending on our personal circumstances. But why are some families more resilient and happier despite the obstacles life throws their way?

They hang out together. Happy families feel a strong sense of connection with each other. According to child-family therapist Jennifer Jackson-Rice, LSCSW/LSCW, real connection takes as little as five minutes a day.

Sit next to each other during homework time, cook together, read books at bedtime, and chat with each while driving to activities. Create calmer, more cheerful mornings by prepping the night before or getting yourself up a little earlier.

"That connection in the first part of the day can carry kids throughout the day," Jackson-Rice says.

Michelle Hon, a mom of two boys, ages 4 and 2, agrees. She says that the first 30 minutes in the morning and the last 30 minutes before bedtime helps her family feel grounded, calm and loved.

"We do a lot of snuggles and cuddles in the morning, and we try not to make that a rushed time in our home," Hon says.

In the evening, she and her husband Michael stick to a bedtime routine with their sons, which includes reading books together and quietly reflecting on the day.

They cheer for each other.

Celebrate your kids' interests and successes by acknowledging their efforts rather than zeroing in on what went wrong:

"I loved watching you play."

- by Christa Melnyk Hines
- "I like how you colored this so neatly!"

• "Great job on your test. I can tell you really concentrated."

"When we praise our children, self-esteem goes up. When self-esteem is high, connection is good, behaviors are good," Jackson-Rice says.

They seek fulfillment.

While material items like the latest electronics, designer jeans and trendy toys may bring fleeting joy, they won't deliver lasting contentment.

"I don't think we can teach our kids to be happy if we're looking to external sources to feed that emotion," says Cati Winkel, owner of The Empowered Parent Coach.

And that includes looking to others for



validation of self-worth, which can result in behaviors like people-pleasing or obsessing over likes on social media.

"This is where we get a lot of shame. People become really unhappy because they have unrealistic expectations to live up to," Winkel says.

Research suggests that children, who grow up to be happier adults, are encouraged early on to engage in activities that they enjoy and that help them develop their strengths.

Foster their innate sense of curiosity and explore a variety of activities with your kids, ranging from hobbies to volunteer work. The intrinsic rewards of participating in activities that deliver personal gratification contributes to positive self-esteem and confidence.

They eat together.

Multiple research studies show that eating dinner together can lower the incidence of substance abuse, teen pregnancy and depression.

Kids who dine with their parents are more likely to have higher grade point averages, higher self-esteem and even stronger vocabularies. If possible, turn off the TV and put aside electronics to be in the moment around your dinner table with your family.

"Sometimes we forget that life needs to be simple. It's ok to sit around the table and have dinner together. In the quest for bigger, faster, stronger, smarter, we forget to simply be still," Jackson-Rice says. "We forget to simply connect...to be with our kids."

They show affection.

Families today face plenty of stress. One simple antidote is to hug more.

"An eight-second hug is one of the best ways to give and get self-care," Winkel says. "An eight-second hug releases oxytocin and great feel-good, stress-relieving hormones. Hug your babies. Hug your kids. Hug your partner."

Hon's youngsters show affection for people who visit them by blowing kisses and waving goodbye when it's time for their visitors to depart.

"From an adult perspective, I know we're expressing gratitude and making people feel loved and valued and that makes me really happy," Hon says. "There's nothing like getting kisses blown to you from a twoyear-old from the street!"

They goof off.

Play and laugh together. "Then, your kids get to experience you as human," Winkel says.

Sing together in the car, make up zany songs when it's time to brush teeth, exchange riddles or jokes, jam to funky music in your living room, or make a funny face to defuse a tense situation.

Manage power struggles playfully. Is your preschooler refusing to get dressed? Respond by dramatically trying to put their clothes on. "It helps them lighten up a little bit. We don't have to be all serious all of the time," Winkel says.

Also, follow your child's lead. Play dolls, legos or craft together. If your child likes to bike ride, explore new trails together. Schedule a family board game night or play video games together.

Jackson-Rice says her two teens love Snapchat so she signed up for the app too.



"They love it when I'm snapping a picture of what I'm doing. It's a little silly for me, but that's the way they connect and what they're passionate about right now," she says.

They create community.

Not all parents can rely on their family of origin to provide positive emotional and practical support. If this is the case for you, focus on building friendships through your neighborhood, church, or your child's school.

The Hons rely on a family of "adopted" aunts, uncles, grandmas, and grandpas to help them with their youngsters, which also helps them nurture their marriage.

"My kids go to the zoo all of the time with a little set of aunties that we have," Hon says. "That's their thing. That allows my husband and I to have quiet time in our house or quality time out."

They honor emotions.

Empathize with your child when they're upset, listen and validate their feelings and verbally label their emotions. Avoid taking your child's behavior personally or rushing to fix their problems. Given the opportunity, kids can often peacefully problem-solve and negotiate with siblings and playmates without parental interference.

According to relationship expert John Gottman, kids who learn to self-soothe move through negative emotions faster. These same kids also tend to form stronger friendships, which is another key to longterm happiness.

Family Fun Guide

Christmas in the Park December 2, 2017

Admission: Free Kenneth W. Park Amphitheater 4655 City Center Circle Port Orange, FL 32129 (386) 506-5851

Enjoy a special holiday celebration at a beautiful outdoor amphitheater. A Christmas Concert begins at 6 p.m., followed by the official lighting of City Center, and a special guest appearance by Santa at 7 p.m. Free horse-drawn carriage rides around City Center will be available, too!

Bass Pro Shop: Santa's Wonderland Free Crafts

December 3, 2017 5:00 pm - 7:00 pm Bass Pro Shops 1880 Checkered Flag Lane Ste N-100 Daytona Beach, Florida 32114 Cost: Free www.basspro.com

40th Annual Holiday Parade

December 3, 2017 Admission: Free 4655 City Center Circle Port Orange, FL 32129 (386) 506-5851

Everyone loves a parade! This year's 40th Annual Port Orange Holiday Parade have "Christmas in Paradise" musical bands and floats along a new route. Please visit the website for more information.

The Casements Country Christmas December 3, 2017

Admission: \$5 Good for all 3 days , Children 12 and under free The Casements 25 Riverside Drive Ormond Beach, FL 32176 (386) 676-3216

Bass Pro Shop: Santa's Wonderland Free Crafts December 5, 2017

5:00 pm - 7:00 pm Bass Pro Shops 1880 Checkered Flag Lane Ste N-100 Daytona Beach, Florida 32114 Cost: Free www.basspro.com

Sky Zone- Toddler Time

December 6, 2017 9:00 am - 11:00 am 1300 W. International Speedway Boulevard, Suite 105 Daytona Beach, Florida Cost: \$8.99 per child w/ one free adult \$1.99 SkySocks Per Person MUST show Credit Card used for purchase and valid matching ID at check-in. Mon/Wed/Sat 9am-11am Maximum Age 6 Years Old,Must be with Parent/Legal Guardian skyzonedaytonabeach.pfestore.com

Whim Wham Art Studio: Story Art December 6, 2017

11:00 am 378B W Granada Blvd. Ormond Beach, Florida 32174 A Super Story Time! A New Story and Awesome Art Project Every Week! www.whimwhamartstudio.com

FREE Car Seat Check-up Event December 6, 2017

1:00 pm - 3:00 pm Halifax Health Medical Center France Tower Portico 303 N. CLyde Morris Blvd., Daytona Beach Cost: FREE Certified Child Passenger Safety Technicians and Instructors will be available to check, assist and demonstrate the proper installation and usage.

A Christmas Carol, The Musical and Dickensian Dinner December 8, 2017 - December 9, 2017

Admission: \$45 includes dinner News-Journal Center at Daytona State College 221 North Beach St., Daytona Beach, FL 32114 (386) 226-1927

Movies on the Halifax- Arthur Christmas December 8, 2017

6:00 pm 26 Riverside Drive Ormond Beach, FL 32176 Cost: Free Movies on the Halifax: Bring a lawn chair or

blanket and enjoy the movie! Refreshments available for purchase. Presented by the City of Ormond Beach Leisure Services and The Casements Guild.

www.thecasements.net (386) 676-3216

Skate and Shake Teen Skate and Dance December 8, 2017

7:00 pm - 11:00 pm

250 N Highway US1, Ormond Beach, Florida Cost: \$8.00

Every Friday Night is TEEN NIGHT at Skate & Shake. It's a special night because we host a 1-hour dance from 10-11PM.

Don't miss out! Come meet DJ Tom and Skate & Shake's friendly staff on this night! www.skateandshake.net 386-672-8500

Pioneer Settlement- Second Saturdays at the Settlement December 9, 2017

9:00 am - 4:00 pm

1776 Lightfoot Lane Barberville, Florida 32105 Living History Demonstrations 11am-3pm every second Saturday. Admission fees apply free with membership. Follow us on Facebook for upcoming demonstrations. Demonstrations vary month to month depending on availability of demonstrators. www.pioneersettlement.org (386) 749-2959

Sky Zone- Toddler Time December 9, 2017

9:00 am - 11:00 am 1300 W. International Speedway Blvd., Suite 105, Daytona Beach, Florida Cost: \$8.99 per child w/ one free adult \$1.99 SkySocks Per Person MUST show Credit Card used for purchase and valid matching ID at check-in. Mon/Wed/Sat 9am-11am Maximum Age 6 Years Old,Must be with Parent/Legal Guardian skyzonedaytonabeach.pfestore.com

Got Talent? 2017 Volusia Flagler December 9, 2017

Admission: \$10 Midtown Cultural Center 937 George W Engram Blvd. Daytona beach, FL 32114 (386) 259-0768 Calling all dancers, singers, performers, clowns, dance groups, singing groups, and dance organizations! Please visit the website for more information



Harlem Globetrotters December 9, 2017 4:00 PM Admission: \$18-\$75 Ocean Center 101 North Atlantic Avenue, Daytona Beach, FL 32118

Come see the Original Harlem Globetrotters on their action-packed 2018 World Tour against the Washington Generals! This star-studded roster will have you on the edge of your seats. Please visit the website for more information.

Car Seat/ Child Passenger Safety Tech December 10, 2017

12:00 pm - 5:00 pm The Baby Shoppe, 5513 South Williamson Boulevard Port Orange, FL 32128

Marine Science Center: Turtle Tots December 21, 2017

12:00 pm Marine Science Center 100 Lighthouse Drive, Ponce Inlet Games, Songs, and Stories for Ages 2-5, accompanied by an adult. Call to pre-register, Class size limited to 12 children. marinesciencecenter.com (386) 304-5545

Winter Holiday Event December 26, 2017

Admission: \$6.95 Adults, \$1.95 Children age 2-11 Ponce de Leon Inlet Lighthouse 4931 South Peninsula Dr., Ponce Inlet, FL 32127 (386) 761-1821 Details

Take a break from all the holiday hustle and bustle and enjoy a fun-filled day of family-oriented activities, explore historical exhibits, climb the tallest lighthouse in Florida, journey back 100 years when the keepers and their families lived at the lighthouse.

New Year's Eve in Daytona Beach December 31, 2017

Daytona Beach, FL New Year's Eve in Daytona Beach is a fes-

tive scene at the oceanfront Bandshell and Ocean Walk Shoppes that traditionally features fireworks after an early evening tribute band and again at midnight overlooking the Atlantic Ocean. Join the Main Street block party celebration complete with an illuminated ball drop, stiltwalkers, live bands and DJs, food vendors and souvenirs. Hoteliers and restaurants, like the Ocean Deck, also delight New Year's Eve visitors with live music and midnight champagne toasts.

New Year's Eve Celebration December 31, 2017

6:30 PM to 12:30 PM Admission: \$60 per person Gold Star Ballroom 3100 South Ridgewood Avenue Unit 150 South Daytona, FL 32119 386-315-4258

Join Gold Star Ballroom for dancing and a champagne toast on New Year's Eve with dance showcases interspersed with social ballroom dancing. Buffet dinner included in ticket price. Semi-formal attire. Please RSVP by December 22, 2017.

Flagler County

Music in the Park

December 1, 2017 6:00 – 9:00 pm Veterans Park, Flagler Beach On Friday evening, join the City of Flagler Beach for Music in the Park with Christmas music and the lighting of the Christmas tree in Veteran's Memorial Park. There will be children's activities and vendors.

Palm Coast Holiday Tree Lighting Ceremony December 1, 2017

6:30 pm – 9 :00 pm

Light up your holiday with a visit from Santa, an official tree lighting ceremony and a visit to the Flagler County Rotary's annual Fantasy Lights display. Central Park in Town Center 975 Central Avenue, Palm Coast, FL 32137 More information at 386-986-2323. https://www.palmcoastgov.com/events/

https://www.palmcoastgov.com/events/ tree-lighting

Flagler Extreme Rodeo December 1, 2017

6:30 pm – 10:00 pm Flagler County Fairgrounds 150 Sawgrass Road, Bunnell, Florida 32110 205-790-3452

Celebrating the Holidays at the Beach December 2, 2017

1:00 p.m.

Flagler Beach

The much-anticipated Santa will parachute onto the beach at 1 p.m. just north of the pier. The parade will start immediately after "touchdown." Santa will jump on the back of the Flagler Beach Fire Department Fire truck as he welcomes in the Holiday Season in Flagler County. The parade, as well as the Parachuting Santa, is a tradition in Flagler County and the Rotary Club of Flagler Beach invites all organizations and businesses to participate. Attendees are asked to please bring a toy for Project Share if they are able. Project Share has been the major service project of the Rotary Club of Flagler Beach for 18 years. The club has committed to provide 1,300 children this year with Christmas toys, clothes and bicvcles. There will be pickup trucks and golf carts in the parade for spectators to put their toy donations in.

Flagler County

12th Annual Fantasy Lights Festival December 1, 2017 6:30 pm December 30, 2017 9:00 pm

Central Park in Town Center

975 Central Ave., Palm Coast, FL 32164 The Rotary Club of Flagler County will host its 12th Annual Fantasy Lights Festival at Central Park in Town Center, from Dec. 1 through Dec. 30, 6:30-9 p.m. each night. Fantasy Lights is a free, self-guided walking tour around Central Park with 40 large animated light displays, festive live and broadcast holiday music, holiday snacks and beverages.

A favorite for the kids is Santa's Village with a collection of elf houses festively painted and nestled among the lights, warm fire to roast marshmallows or create s'mores, and encircling the village is Santa's Merry Train Ride.

Flagler Playhouse Presents: Every Christmas Story Ever Told December 1, 2017

7:30 pm -9:30 pm Flagler Playhouse 301 E. Moody Blvd., Bunnell, FL 32110

Teddy Bear Picnic December 4, 2017

10:00am - 10:30am Linear Park, Palm Coast, FL

Boy Scouts Of America, Troop 472 December 6, 2017

6:30pm - 8:00pm

Flagler Beach United Methodist Church, 1520 S Daytona Ave., Flagler Beach, FL 32136 Boy Scouts of America. Boys 10 1/2 - 18. Go Camping, Swimming, WaterSkiing, Fishing, Biking, White Water Rafting, Archery. Learn Leadership, First Aid, Map and Compass, Knots, Fire Building.

Contact Info: pepsimanb@yahoo.com

The Nutcracker Ballet December 7, 2017

7:30 pm - 10:30 pm Flagler Auditorium

5500 East Hwy 100, Palm Coast, FL 32164 A sparkling production with beautiful costumes and sets, this is truly an all-time family favorite.

http://www.flaglerauditorium.org/ 866-352-4537

Starlight Holiday Parade December 9, 2017

4:00 pm-9:00 pm Central Park in Town Center

975 Central Avenue, Palm Coast, FL 32137 Celebrate the holiday season with your friends and neighbors at the City of Palm Coast's Starlight Event & Parade, scheduled for Saturday, Dec. 9th, in the afternoon and evening, in Central Park in Town Center, 975 Central Ave.The fun begins with the Starlight Event from 4-6 p.m. - featuring games, pictures with Santa, and refreshments available for purchase. Entertainment is provided all afternoon by local and regional performers.

http://www.palmcoastgov.com/events/holiday-events

386-986-3700

Kids Craft Club - Michael's Craft Store December 9, 2017

10:00am – 12:00pm

5250 Hwy 100 E, Palm Coast, FL 32164 Kids Club @ Michael's Craft Store \$2.00, Materials Included Let your kids explore their creativity while you shop! It's just \$2 per child, for 30 minutes of crafting fun. All supplies are included.

Palm Coast Holiday Boat Parade December 16, 2017

6:00pm – 8:00pm

Cimmaron Basin at 6 p.m. and head east to the Intracoastal Waterway where the Parade turns south passing Tidelands, Canopy Walk, St. Joe Walkway, Waterfront Park, and Island Estates before turning at the Grand Haven Gazebo back to Clubhouse Waterway.

Holiday Fun at Gaylord Palms

November 21, 2017 - January 7, 2018 600 West Osceola Pkwy, Kissimmee, FL (407) 586-4423

JOYFUL Atrium Light Show

This dazzling new experience showcases the Joy of Christmas, inviting you on a journey around the world with an exclusive holiday musical score and millions of dancing, choreographed lights. This free nightly spectacle centers around the resort's six-story Christmas tree towering above Emerald Plaza. November 21, 2017 – January 7, 2018 Location: Emerald Bay Plaza Price: FREE

Cirque Dreams Unwrapped

All-New Acts for 2017! Be dazzled by an array of seasonal characters brought to life in a dreamscape of imaginative costumes and creativity,



while stunning feats of showmanship are performed on stage and in the air. Broadway director and Cirque Dreams founder Neil Goldberg brings the famed entertainment brand to Christmas at Gaylord Palms. The entire family can enjoy this uniquely inspired 25-minute Christmas dream presented with the Broadway style and inventive theatrics for which Cirque Dreams is renowned. November 21, 2017 – January 7, 2018 Location: Emerald Bay Plaza Stage, St. Augustine Atrium

Price: FREE seats are first come, first served basis.

Photos with Santa

Come meet the big guy himself and tell him what's on your Christmas list! Photo packages available through the Noerr Programs Corporation.



November 21 – December 24, 2017 Location: Alpine Village Price: From \$29.99* may vary depending on package and/or photos selected

Build-A-Bear Workshop®



It's the most fun you'll ever make! Choose from all kinds of furry friends, add lots of

stuffing and make a wish on a heart. Let your imagination soar and create your story at our exclusive Build-A-Bear Workshop at Gaylord Palms!

November 21, 2017 – January 7, 2018 Location: Alpine Village Price: May vary depending on item selected.

Visit www.marriott.com/GaylordPalms for more information

Holiday Fashion

Gemma Age 5

*

Clothing Provided by



Palm Coast





DECEMBER 2017 51

*



Lacey - Age 5 Weston - Age 3 Gemma - Age 5

*









Classic Christmas Movies to Watch with the Entire Family

by Jan Pierce, M.Ed











Everyone enjoys White Christmas and It's a Wonderful Life when the holiday season rolls around each year, but here are seven more movies to watch with the whole family.

Gather everyone together, pop some popcorn, pass the Christmas cookies and enjoy these quality, fun and heartwarming Christmas movies.

A Christmas Story

This 1983 film chronicles the ups and downs of the holiday season for Ralphie who just wants a bb gun for Christmas. Played by Peter Billingsley, Ralphie may not have a picture-perfect Christmas, but he goes to sleep on Christmas night with a bb gun beside him.

The Homecoming

This inspiring family movie featuring Patricia Neal as the mother of a large family living a hardscrabble life during the depression was the pilot for the long-running television show, The Walton's. Richard Thomas is John Boy.

A Muppet Christmas Carol

Made in 1992 this muppet movie features Michael Caine as Scrooge and Kermit the Frog as Bob Cratchit. Who can resist the muppets singing happy Christmas songs and the whole array of muppet characters stepping into the roles of this classic Christmas story?

Miracle on 34th Street

Made in 1947 this Christmas classic showcases a young Natalie Wood as Susan Walker, the girl who believes the Macy Santa Claus is the real deal. Kris Kringle played by Edmund Gwen ends up in court, trying to prove his identity.

Arthur Christmas

This 2011 animated film tells the story of Arthur, Santa's youngest son, tasked with delivering one last Christmas present just in the nick of time. Santa's state of the art control center, located under the ice of the North Pole somehow missed just one child.

Frosty the Snowman

This cartoon story follows the lyrics of the 1950 Frosty the Snowman song recorded by Gene Autry. The story follows each line of the song as Frosty tries to avoid his ultimate doom—melting.

Millions

Made in 2004 this clever story chronicles what happens when a seven year old British boy finds a sack full of money. First he shares it with his brother and then the two learn all about the heart of charity.

Pictured Top to Bottom: Ralphie from A Christmas Story; John Boy from The Homecoming; The Muppet Christmas Carol; Arthur Christmas; Miracle on 34th Street; Frosty the Snowman; Millions



The Best Gift Under Gift Tree!

NO PAYMENTS FOR SIX MONTHS

DAYTONA DODGE CHRYSLER JEEP RAM FIAT 1450 N. Tomoka Farms Road, Daytona Beach, FL 32124 daytonadodge.com 877-882-1054

Forget Gift-Giving Create Experiences by Spending the Holidays in St. Augustine, Florida

Sure, we all love the holidays. But sometimes they can feel like the same old, same old. Year after year, you attend the same Christmas parties, wrap similar square-shaped boxes, bake dozens of cookies and struggle to maintain your pre-Thanksgiving weight. What if you did something different this year? What if you spent the holidays creating new experiences and memories with your close friends and family?

St. Augustine, Florida is home to one of the most famous holiday lighting displays in the world. It's also the Nation's Oldest City having been continuously occupied by European-established settlements since 1565. And did we mention that this little city by the sea is situated on the Atlantic Ocean and boasts miles upon miles of white, sandy beaches?

There are thousands of reasons to spend the holidays in St. Augustine. Here are just a few of them.



Nights of Lights – Every year, millions of twinkling lights cover the cityscape of St. Augustine from November 18, 2017 and continuing nightly through January 31, 2018. Come see why Nights of Lights was selected by National Geographic in both 2011 and 2012 as one of the best holiday lighting displays in the world as you journey through old town by trolley, on foot or from a horse and carriage ride. Learn more here.

Support Small Businesses – Even if you've decided to forgo gift-giving this year, St. Augustine has hundreds of small, locally owned shops with one-of-a-kind items you won't be able to find at home. Dozens of art galleries dot the cityscape featuring local artists creating everything from glass wind chimes to metal art. Tour an artisan chocolate-maker or pick up some holiday spirit at the St. Augustine Distillery, which produces small-batch gin, rum, vodka and bourbon. Learn more about holiday shopping here.





Holly Jolly Trolley – One of the best ways to experience St. Augustine's famous Nights of Lights is aboard Old Town Trolley's Holiday excursion dubbed the "Holly Jolly Trolley" by locals. Enjoy complimentary cider, cookies and caroling as well as super-cool, winter-themed viewing glasses that turn millions of tiny lights into snowmen, Christmas trees and other holiday favorites. Tickets are \$6 for children and \$14 for adults. Learn more here.



The Nutcracker – Mother Ginger, the Sugar Plum Fairy and Mouse King all come alive in St. Augustine Ballet's annual rendition of The Nutcracker with shows slated for Saturday, December 16 and Sunday, December 17 at 1:30 pm and 7 pm at Flagler College's Lewis Auditorium. Some of the area's most talented dancers join local celebrities and guest artists in this holiday classic. Tickets are \$20-\$30 each. Learn more here.

Christmas Tour of Homes – Each year, The Garden Club of St. Augustine hosts its annual "Christmas in the Flagler Era" inspired by the Gilded Age opulence of oil tycoon and railway magnate, Henry Morrison Flagler. This year, the Christmas Tour of Homes will be held on Sunday, December 3 from 12 pm to 5 pm and will feature a walking tour through historic downtown to six private homes dating back to the early 1800s. Learn more here.





Historic Lodging – There is no shortage of beautiful inns, hotels and bed and breakfasts dotting the landscape of St. Augustine's downtown. Built in 1865, The Kenwood Inn on Marine Street is an ideal locale for your holiday stay in the Nation's Oldest City. Individually decorated guest room's feature rich, hardwood floors, four-poster and antique beds for a mix of Old Florida elegance with a hint of the tropics. Learn more here.

Rest & Relaxation – Erected in 1888 and a member of the National Trust for Historic Preservation's Historic Hotels of America, the Casa Monica Resort & Spa is the perfect spot for rest and relaxation while taking in the famous Nights of Lights display. Located on Cordova Street across from Flagler College, Casa Monica blends Moroccan-inspired décor with modern conveniences and the brand new, full-service Poseidon Spa. Learn more here.





START SAVING FOR COLLEGE NOW

Given current projections you can expect the cost of a four-year education to average between \$35,360 at an in-state public ur to \$74,380 at a private college for this year's high school juniors and between \$74,430 and \$156,570 once today's kindergartners graph school. With such daunting figures, it is easy to understand why it's never too early start saving for your child's college education.

Here are some other reasons why you should start now:

• Regular investments over time remove the drama of up and down markets by taking advantage of a strategy called "dollar cost averaging." This simply means that your investments will coincide with both higher prices and lower, allowing the overall cost of funds purchased to even out.

• One of the most common college savings vehicles is the 529 state-sponsored plan. The largest benefit to investing in your state 529 is that you won't pay federal or state taxes on the investment growth and withdrawals, provided funds are only withdrawn for qualified higher education or trade school expenses. Better to collect your money there than in other taxable investments.

• Contributions can be as small as \$15 per month. However, the more you can contribute, the better. With a \$500 initial investment and \$325 monthly additions, given a modest growth of 5.5% per year, a kindergartner today would have enough for their first year of college upon graduation.

· Instead of toys, your child could accumu-



late education funds. Relatives can make gifts to college savings plans of up to \$14,000 per year, without having to pay a gift tax.

• Many plans offer automatic withdrawals from your bank account, which can help prevent you from spending it before it gets invested. Another way to maximize your contributions without altering your is to increase your investment with pay raise. Do this now and over th you can build up a college savings v a noticeable budget hardship.

Even if you believe you're raising a demic genius or star athlete, don't any time before starting their colleg



YMCA CAMP WINONA CHRISTMAS CAMP DECEMBER 8 – 10

This is a wonderful opportunity for parents to get last minute Christmas shopping done while their kids are having holiday fun!

- Christmas Camp Includes: Campfire
- Great Camp Activities
- 2 Nights Lodging

Give Camp Winona for Christmas! Register your child by December 20

with you to wrap a little bit of camp

and you will receive \$25 credit to the camp store. We will even work

up to put under the tree!

- 6 meals plus snacks
- Surprises!
- Friendships & Memories for a lifetime!

ALL FOR ONLY \$95 | AGES 6 - 16

For more information or to register for our Christmas Camp visit campwinona.org or call 386-985-4544





School News: December 2017



Allen Anderson

Allen Anderson, principal at Palencia Elementary School (PES), has been selected by Superintendent Tim Forson to be the principal of K-8 school "LL" currently being constructed at 1365 Shetland Drive, St. Johns, 32259. His nomination will be presented to the School Board at their December 12 meeting.

"Allen is an innovative and collaborative leader," said Forson. "I know that his familiarity with the community and ability to build rapport with students and parents will serve him well."

Anderson has been the principal of PES since the 2013-2014 school year and has more than 20 years of experience within the SJCSD. Prior to PES he served as principal at

Cunningham Creek Elementary (CCES), assistant principal at Mill Creek Elementary and Durbin Creek Elementary schools, a curriculum coordinator at Switzerland Point Middle School and a teacher at CCES.

PES has expanded its digital instruction and student use under Anderson's leadership. He has made maintaining a positive school culture a high priority and ensures that state and district mandates are communicated in a way that supports the school's mission and vision. He is extremely supportive of his staff and always lauds their successes, even when they won't.

"I am very thankful for the trust and confidence from Superintendent Forson," said Anderson. "While changing schools is always a bittersweet experience, I look forward to once again serving those in the Northwest part of our wonderful county."

Anderson was recently chosen as the 2017-2018 Principal of the Year for St. Johns County. He holds a bachelor's and master's degree from the University of North Florida and a master's degree from Jacksonville University.

Forson will gather input from staff and the community for the new principal of PES on Thursday, Dec. 7 at 3:30 p.m. at PES.

St. Augustine Events

Regatta of Lights Dec. 9

The annual Regatta of Lights takes St. Augustine's world-famous Nights of Lights onto the water, with an amazing variety of vessels showing off their brilliant lighting displays as they parade along Matanzas Bay. For more information, call (904) 824-9725 or visit www.staugustineyachtclub.com/regatta-of-lights/.

St. Augustine Historic Inns Bed & Breakfast Holiday Tour

Dec. 9-13

The new three-day tour showcases 11 inns on the north side of King Street on Saturday, December 9, and 12 different inns on the south side of King Street on Sunday, December 10 from 1- 5pm each day. Along the way, you will sample savory fare, sweet treats and enchanting beverages served by St. Augustine's top restaurants and purveyors of fine food and wines.http://www.staugustinebandbtour.com/

The Art of Dining: "The Table at Downton Abbey" with Author and Food Historian Francine Segan Dec. 13

Discover the elaborate etiquette, enchanting entertainments, and dishes from the era of the PBS series Downton Abbey. Vivid descriptions of Lord Grantham-esque dinner parties, cotillions and elegant picnics will transport you back in time. Learn popular toasts of the Gilded Age era, and when it's proper to remove your gloves or tip your hat. The event includes a trivia contest on the uses for now-obsolete objects that butler Mr. Carson would be shocked to find you couldn't use properly. For more information, visit www. historiccoastculture.com/event/art-dining-table-downton-abbey/.

Gilded Age Dining at the Alcazar Hotel with Francine Segan Dec. 13

Join the Lightner Museum for an evening of gilded elegance and sophisticated sipping as author and food historian Francine Segan guides guests through a 19th century-inspired menu and wine pairing. The fourcourse menu has been specially designed by the chefs of Culinary Outfitters and drawn from archived Alcazar Hotel menus dating from the 1890s through the 1920s.

Munch, Mingle, and Matriculate with Francine Segan Dec. 14

Discover chocolate's history, starting with its New World origins. Journey to Europe and learn how it evolved from a grainy bitter brew into the treat we know and love today. Learn how chocolate goes from bean to bar as you are guided through a tasting of various types of fine chocolates.

education



6 Pillars 6K/3K Run/Walk

The **CHARACTER COUNTS!** Steering Committee is calling all walkers, runners and fitness enthusiasts to participate in the CHARACTER COUNTS! 6 Pillars 6K/3K Run/ Walk on Saturday, February 3, 2018, at 9 a.m. The run/ walk will begin and end at Palencia Elementary School located at 355 Palencia Village Drive, St. Augustine.

Walkers and runners will enjoy a course running through the neighborhoods of Kensington and Las Calinas and can choose to participate in the 6K (3.73 miles) or 3K (1.86 miles) distance. Registration fees are as follows:

6K-\$25 before January 1 \$30 January 1 – February 2; \$35 on race day

3K-\$20 before January 1 \$25 January 1 – February 2; \$30 on race day

Registration forms and more information are available online at www.racesmith.com/races/CHARACTER-COUNTS.html.

Race proceeds will support CHARACTER COUNTS! initiatives throughout the St. Johns County School District (SJCSD). The run/walk is open to all ages, and the top three winners will be awarded in each of the age categories as well as the overall male and female finishers. A cash donation will be awarded to the top three to five schools with the most registrants. Last year these schools were Ocean Palms Elementary, Mill Creek Elementary, Valley Ridge Academy and Timberlin Creek Elementary. All race registrants will receive a tech t-shirt and lots of other goodies from area businesses and organizations. At the finish line, each race participant will receive a commemorative dog tag which is the fourth design in its series.

This event is produced by the CHARACTER COUNTS! Steering Committee and is presented by Beaver Toyota with support from businesses and community groups. Action News Jax CBS47/FOX30 is the official media sponsor of this run/walk.

The SJCSD, along with area businesses, youth organizations and civic groups, selected the national character education program of CHARACTER COUNTS! as a countywide initiative to instill positive character traits in young people throughout the county. Additionally, the SJCSD became the first school district in Florida to implement Pursuing Victory With Honor in all of its athletic programs. Character education is an important part of every School Improvement Plan and a major component of the Student Code of Conduct and the school district's Strategic Plan.



St. Johns County Public Libraries

Visit One of These St. Johns County Library Locations Today!

Anastasia Island Branch: East St. Johns County

124 Seagrove Main St St. Augustine Beach, FL 32080 Phone: (904)209-3730

Tuesday, Thursday: 10am-8pm Wednesday, Friday: 10am-6pm Saturday: 10am-5pm Sunday & Monday: Closed

Storytimes... Wednesdays @10:15am: Toddler/Baby Storytime @10:45am: Craft Time @11:05am: Preschool Storytime

Bartram Trail Branch: Northwest St. Johns County

60 Davis Pond Blvd. Fruit Cove, FL 32259

Phone: (904) 827-6960

Monday, Tuesday, Thursday: 10am-8pm Wednesday, Friday: 10am-6pm Saturday: 10am-5pm Sunday: Closed Storytimes... Tuesdays @11:05am: Just for Babies Wednesdays

@10:10am: Toddler Storytime @11am: Preschool Storytime

Hastings Branch: Southwest St. Johns County

6195 S. Main St. Hastings, FL 32145 Phone:(904) 827-6970

Tuesday, Thursday: 10am-7pm Wednesday, Friday: 10am-6pm Saturday: 10am-3pm Sunday & Monday: Closed

Storytimes... Fridays @10:30am: Family Storytime @11am: Stay 'n Play

Main Library: Central / East St. Johns County

1960 N. Ponce De Leon Blvd. St. Augustine, FL 32084 Phone:(904) 827-6940

Monday - Wednesday: 10am-8pm Thursday & Friday: 10am-6pm Saturday: 10am-5pm Sunday: Closed Storytimes... Thursdays @10:15am: Just for Babies @11am: Toddler Storytime @11:30am Preschool Storytime

Ponte Vedra Beach Branch: Northeast St. Johns County

101 Library Blvd. Ponte Vedra Beach, FL 32082 Phone: (904)827-6950 Monday - Wednesday: 10am-8pm Thursday & Friday: 10am-6pm Saturday: 10am-5pm Sunday: Closed Storytimes... 1st & 3rd Tuesdays @10:15am: Just for Babies Tuesdays @11am: Family Storytime

Southeast Branch: Southeast St. Johns County

6670 US 1 South St. Augustine, FL 32086 Phone:(904)827-6900 Fax:(904)827-6905

Monday, Tuesday, Thursday: 10am-8pm Wednesday, Friday: 10am-6pm Saturday: 10am-5pm Sunday: Closed

Storytimes... Wednesdays @10:30am: Little Ones Storytime @11am: Family Storytime

For a an extensive listing of library events please visit www.StJohnsParent.com



Life-changing weight loss. **No surgery required.**

ReShape is a non-surgical approach to weight loss for people who want to lose weight and achieve a healthier lifestyle.

ReShape[™]. The Non-Surgical Weight Loss Procedure.





New dual balloon technology A comprehensive one-year program

Proven weight loss without surgery

ReShape combines two stomach-filling balloons with one year of comprehensive lifestyle coaching to achieve life-changing weight loss.

Find out if ReShape is right for you. Visit us online at www.FlaglerHospital.org/ReShape



Michelle lost 32 pounds with the ReShape Procedure*





Flagler Hospital wishes you and all those close to you a joyous holiday season and a wonderful new year.

